



MTN CHAMPS IBADAN 2024 - EVENTS SCHEDULE (DAY 1 OF 4)

on 5-8 April 2024 at Lekan Salami Stadium

All Athletes must wear their assigned bibs to compete throughout (which must be collected at Lekan Salami Stadium prior to the Event, on 3rd or 4th April)

All Athletes under the age of 21 must return the 1-page parental consent form signed their parent or legal guardian to be able to compete

All events will be at Lekan Salami Stadium (5-8 April), EXCEPT Youth 100m/200m Prelims & 800m Heats/Finals at Ui Sports Complex on first 2 days (5-6 April) AND Cadet 100m/200m Prelims & Heats and 400m & 4x100m Heats also at Ui Sports Complex on first 3 days (5-7 April)

For U14, U17, U20 Track Prelims (100m, 200m & 400m), Top 48 Athletes by time progress to the Heats, then Top 16 to Finals A & B (6Q 2q to Final A and 8q to Final B) For Senior Track Prelims (100m, 200m & 400m), Top 48 Athletes by time progress to the Heats, then Top 16 to Finals A & B (16q - 8 fastest to Final A, next 8 to Final B) For all Field Preliminaries (both Jumps & Throws), each Athlete has 3 attempts only, with Top 8 only advancing to Final for 3 further attempts only!

ALL REGISTERED JUNIOR & SENIOR ATHLETES COMPETING IN DAY 1 AM EVENTS BELOW MUST REPORT AT LEKAN SALAMI STADIUM BY 8AM

DAY 1 - MORNING SESSION

Friday 05 April 2024

HEATS/PRELIMS	FINALS	MEDAL S
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DAY 1 AM Lekan Salami Stadium	START 9:00	END 13:00
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Highlights of the Session

U20 100m Prelims, U20 Boy's High Jump, Senior Men 100m Prelims & Long Jump	3 FINALS - U20 Shot Put and Senior Men's Long Jump	9 MEDALS (awarded at end of the PM Session)
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MEDAL AWARDS Lekan Salami Stadium	17:30	18:00
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CATEGORY	GENDER	EVENT	ROUND	LOCATION	START TIME	END TIME	AREA
Junior	Boys	High Jump	Preliminaries	Lekan Salami	9:00	11:30	Field
Junior	Girls	Shot Put	Finals	Lekan Salami	9:00	10:15	Field
Junior	Boys	Shot Put	Finals	Lekan Salami	10:15	12:30	Field
Senior	Men	Long Jump	Preliminaries	Lekan Salami	9:00	12:00	Field
Senior	Men	Long Jump	Finals	Lekan Salami	12:00	12:30	Field
Junior	Girls	100m	Preliminaries	Lekan Salami	9:00	9:45	Track
Junior	Boys	100m	Preliminaries	Lekan Salami	9:45	11:30	Track
Senior	Men	100m	Preliminaries	Lekan Salami	11:30	13:00	Track

DAY 1 INTERMISSION: 1PM - 2PM

DAY 1 - AFTERNOON SESSION

Friday 05 April 2024

HEATS / PRELIMS	FINALS	MEDALS
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DAY 1 PM Lekan Salami Stadium	START 14:00	END 18:01
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Highlights of the Session

U20 & Senior 100m and Senior 400m Heats, U20 Girls LJ Prelims	8 FINALS - U20 Boy's & Senior Men's High Jump, Senior Shot Put & Javelin, U20 Girl's & Senior Women's Long Jump	33 MEDALS AWARDED (incl. Day 1 AM Session Medals)
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MEDAL AWARDS Lekan Salami Stadium	17:30	18:00
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CATEGORY	GENDER	EVENT	ROUND	LOCATION	START TIME	END TIME	AREA
Junior	Boys	High Jump	Finals	Lekan Salami	14:00	15:00	Field
Senior	Men	High Jump	Finals	Lekan Salami	15:00	17:00	Field
Senior	Women	Shot Put	Finals	Lekan Salami	14:00	14:30	Field
Senior	Men	Shot Put	Finals	Lekan Salami	14:30	16:00	Field
Senior	Women	Javelin	Finals	Lekan Salami	16:00	16:10	Field
Senior	Men	Javelin	Finals	Lekan Salami	16:10	17:30	Field
Senior	Women	Long Jump	Finals	Lekan Salami	14:00	15:00	Field
Junior	Girls	Long Jump	Preliminaries	Lekan Salami	15:00	16:30	Field
Junior	Girls	Long Jump	Finals	Lekan Salami	16:30	17:00	Field
Junior	Girls	100m	Heats	Lekan Salami	14:00	14:30	Track
Junior	Boys	100m	Heats	Lekan Salami	14:30	15:00	Track
Senior	Women	100m	Heats	Lekan Salami	15:00	15:30	Track
Senior	Men	100m	Heats	Lekan Salami	15:30	16:00	Track
Senior	Women	400m	Heats	Lekan Salami	16:00	16:20	Track
Senior	Men	400m	Heats	Lekan Salami	16:20	17:30	Track
MEDAL PRESENTATIONS							
Junior, Senior Female, Male Shot Put; Senior Women, Men Javelin Junior Girls Long Jump; Senior Men, Women Long Jump Junior & Senior Male High Jump				Lekan Salami	17:30	18:00	Field

END OF DAY 1 - 6PM





MTN CHAMPS IBADAN 2024 - EVENTS SCHEDULE (DAY 2 OF 4)

on 5-8 April 2024 at Lekan Salami Stadium

All Athletes must wear their assigned bibs to compete throughout (which must be collected at Lekan Salami Stadium prior to the Event, on 3rd or 4th April)

ALL Athletes under the age of 21 must return the 1-page parental consent form signed their parent or legal guardian to be able to compete

All events will be at Lekan Salami Stadium (5-8 April), EXCEPT Youth 100m/200m Prelims & 800m Heats/Finals at Ui Sports Complex on first 2 days (5-6 April) AND Cadet 100m/200m Prelims & Heats and 400m & 4x100m Heats also at Ui Sports Complex on first 3 days (5-7 April)

For U14, U17, U20 Track Prelims (100m, 200m & 400m), Top 48 Athletes by time progress to the Heats, then Top 16 to Finals A & B (6Q 2q to Final A and 8q to Final B) For Senior Track Prelims (100m, 200m & 400m), Top 48 Athletes by time progress to the Heats, then Top 16 to Finals A & B (16q - 8 fastest to Final A, next 8 to Final B) For all Field Preliminaries (both Jumps & Throws), each Athlete has 3 attempts only, with Top 8 only advancing to Final for 3 further attempts only!

ALL REGISTERED JUNIOR & SENIOR ATHLETES COMPETING IN DAY 2 AM EVENTS BELOW MUST REPORT AT LEKAN SALAMI STADIUM BY 8AM

DAY 2 - MORNING SESSION

Saturday 06 April 2024

HEATS / PRELIMS	FINALS	MEDALS
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	START	END
DAY 2 AM Lekan Salami Stadium	9:00	13:00

Highlights of the Session

U20 Boy's LJ & U20 200m Prelims, Senior Men's 200m Prelims	5 FINALS - U20 Girl's & Senior Women's High Jump, U20 Javelin, U20 Boy's Long Jump	15 MEDALS (awarded at end of the PM Session)
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MEDAL AWARDS Lekan Salami Stadium	18:00	19:00
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CATEGORY	GENDER	EVENT	ROUND	LOCATION	START TIME	END TIME	AREA
Junior	Girls	High Jump	Finals	Lekan Salami	9:00	10:00	Field
Senior	Women	High Jump	Finals	Lekan Salami	10:00	10:30	Field
Junior	Girls	Javelin	Finals	Lekan Salami	9:00	10:15	Field
Junior	Boys	Javelin	Finals	Lekan Salami	10:15	12:30	Field
Junior	Boys	Long Jump	Preliminaries	Lekan Salami	9:00	12:30	Field
Junior	Boys	Long Jump	Finals	Lekan Salami	12:30	13:00	Field
Junior	Girls	200m	Preliminaries	Lekan Salami	9:00	9:45	Track
Junior	Boys	200m	Preliminaries	Lekan Salami	9:45	11:30	Track
Senior	Men	200m	Preliminaries	Lekan Salami	11:30	13:00	Track

DAY 2 INTERMISSION: 1PM - 2PM

IMPORTANT: REGISTRATION FOR CONTINENTAL (SENIOR) 4X100M HEATS & 4X400M FINALS ON DAY 2 PM WILL BE BY 1PM - 2PM (BY END OF LUNCH BREAK)

DAY 2 - AFTERNOON SESSION

Saturday 06 April 2024

SEMIS / HEATS	FINALS	MEDALS
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	START	END
DAY 2 PM Lekan Salami Stadium	14:00	19:00

Highlights of the Session

U17 100m Semis, U20 100m Heats, Senior 4x100m Heats	20 FINALS - U20/Senior Triple Jump & Discus, Senior 400m, U20/Senior 100m & 1500m, Continental (Senior) 4x400m	75 MEDALS TO BE AWARDED (incl. Day 2 AM Session Medals)
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MEDAL AWARDS Lekan Salami Stadium	18:00	19:00
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CATEGORY	GENDER	EVENT	ROUND	LOCATION	START TIME	END TIME	AREA
Junior	Girls	Triple Jump	Finals	Lekan Salami	14:00	14:30	Field
Junior	Boys	Triple Jump	Finals	Lekan Salami	14:30	15:15	Field
Senior	Women	Triple Jump	Finals	Lekan Salami	15:15	15:45	Field
Senior	Men	Triple Jump	Finals	Lekan Salami	15:45	17:00	Field
Junior	Girls	Discus	Finals	Lekan Salami	14:00	14:45	Field
Junior	Boys	Discus	Finals	Lekan Salami	14:45	16:00	Field
Senior	Women	Discus	Finals	Lekan Salami	16:00	16:30	Field
Senior	Men	Discus	Finals	Lekan Salami	16:30	17:45	Field
Junior	Girls	400m	Heats	Lekan Salami	14:00	14:20	Track
Junior	Boys	400m	Heats	Lekan Salami	14:20	15:30	Track
Senior	Women	400m	Finals	Lekan Salami	15:30	15:40	Track
Senior	Men	400m	Finals	Lekan Salami	15:40	15:50	Track
Junior	Girls	100m	Finals A & B	Lekan Salami	15:50	16:00	Track
Junior	Boys	100m	Finals A & B	Lekan Salami	16:00	16:10	Track
Senior	Women	100m	Finals	Lekan Salami	16:10	16:20	Track
Senior	Men	100m	Finals	Lekan Salami	16:20	16:30	Track
Continental (Senior)	Women	4x100m	Heats (if needed)	Lekan Salami	16:30	16:35	Track
Continental (Senior)	Men	4x100m	Heats (if needed)	Lekan Salami	16:35	16:40	Track
Continental (Senior)	Women	4x400m	Finals	Lekan Salami	16:40	16:50	Track
Continental (Senior)	Men	4x400m	Finals	Lekan Salami	16:50	17:00	Track
Junior	Girls	1500m	Finals	Lekan Salami	17:00	17:05	Track
Junior	Boys	1500m	Finals A & B	Lekan Salami	17:05	17:15	Track
Senior	Women	1500m	Finals	Lekan Salami	17:15	17:20	Track
Senior	Men	1500m	Finals A & B	Lekan Salami	17:20	17:30	Track
Senior	Women	200m	Heats	Lekan Salami	17:30	18:00	Track

MEDAL PRESENTATIONS

Junior Boys Long Jump; Junior & Senior Female High Jump Junior Girls, Boys Javelin; Senior Women, Men 400m Junior & Senior Female, Male Discus, Triple Jump, 100m, 1500m Continental Men, Women 4x400m	Lekan Salami	18:00	19:00	Track & Field
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END OF DAY 2 - 7PM



MTN CHAMPS IBADAN 2024 - EVENTS SCHEDULE (DAY 3 OF 4)

on 5-8 April 2024 at Lekan Salami Stadium

All Athletes must wear their assigned bibs to compete throughout (which must be collected at Lekan Salami Stadium prior to the Event, on 3rd or 4th April)

ALL Athletes under the age of 21 must return the 1-page parental consent form signed their parent or legal guardian to be able to compete

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For U14, U17, U20 Track Prelims (100m, 200m & 400m), Top 48 Athletes by time progress to the Heats, then Top 16 to Finals A & B (6Q 2q to Final A and 8q to Final B) For Senior Track Prelims (100m, 200m & 400m), Top 48 Athletes by time progress to the Heats, then Top 16 to Finals A & B (16q - 8 fastest to Final A, next 8 to Final B) For all Field Preliminaries (both Jumps & Throws), each Athlete has 3 attempts only, with Top 8 only advancing to Final for 3 further attempts only!

ALL REGISTERED AND QUALIFIED U17, U20 & SENIOR ATHLETES COMPETING IN DAY 3 AM EVENTS TO REPORT AT LEKAN SALAMI STADIUM BY 8AM

DAY 3 - MORNING SESSION

Sunday 07 April 2024

HEATS / PRELIMS	FINALS	MEDALS
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	START	END
DAY 3 AM Lekan Salami Stadium	9:00	13:00

Highlights of the Session

U17 Boy's LJ Prelims, U17 400m Heats, U20/Senior 100mH/110mH	5 FINALS - U17 Girl's High Jump & Shot Put, U17 Boy's Long Jump, U20 400m	15 MEDALS (awarded at end of PM Session)
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MEDAL AWARDS Lekan Salami Stadium	18:00	18:40
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CATEGORY	GENDER	EVENT	ROUND	LOCATION	START TIME	END TIME	AREA
Youth	Girls	High Jump	Finals	Lekan Salami	9:00	11:30	Field
Youth	Girls	Shot Put	Finals	Lekan Salami	9:00	12:30	Field
Youth	Boys	Long Jump	Preliminaries	Lekan Salami	9:00	12:00	Field
Youth	Boys	Long Jump	Finals	Lekan Salami	12:00	12:30	Field
Youth	Girls	400m	Heats	Lekan Salami	9:00	10:10	Track
Youth	Boys	400m	Heats	Lekan Salami	10:10	11:30	Track
Junior	Girls	400m	Finals A & B	Lekan Salami	11:30	11:40	Track
Junior	Boys	400m	Finals A & B	Lekan Salami	11:40	11:50	Track
Junior	Girls	100m Hurdles	Heats	Lekan Salami	12:00	12:15	Track
Senior	Women	100m Hurdles	Heats	Lekan Salami	12:15	12:25	Track
Junior	Boys	110m Hurdles	Heats	Lekan Salami	12:30	12:40	Track
Senior	Men	110m Hurdles	Heats	Lekan Salami	12:40	13:00	Track

DAY 3 INTERMISSION: 1PM - 2PM

IMPORTANT: REGISTRATION FOR CONTINENTAL (SENIOR) MIXED 4X400M FINAL ON DAY 3 PM WILL TAKE PLACE BY 1PM - 2PM (BY END OF LUNCH BREAK)

DAY 3 - AFTERNOON SESSION

Sunday 07 April 2024

SEMIS	FINALS	MEDALS
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	START	END
DAY 3 AM Lekan Salami Stadium	14:00	18:40

Highlights of the Session

U17 100m & Girl's LJ, U20/Senior 800m, U20 & Senior Men's 200m	12 FINALS - U20 Boy's High Jump & Shot Put, U17 Girl's Long Jump, U20/Senior 100/110mH, U17 100m, Continental 4x100m/Mixed 4x400m	57 MEDALS TO BE AWARDED (incl. Day 3 AM, U17 800m Day 2)
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MEDAL AWARDS Lekan Salami Stadium	18:00	18:40
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CATEGORY	GENDER	EVENT	ROUND	LOCATION	START TIME	END TIME	AREA
Youth	Boys	High Jump	Finals	Lekan Salami	14:00	16:30	Field
Youth	Boys	Shot Put	Finals	Lekan Salami	14:00	17:30	Field
Youth	Girls	Long Jump	Preliminaries	Lekan Salami	14:00	17:00	Field
Youth	Girls	Long Jump	Finals	Lekan Salami	17:00	17:30	Field
Junior	Girls	100m Hurdles	Finals	Lekan Salami	14:00	14:05	Track
Senior	Women	100m Hurdles	Finals	Lekan Salami	14:05	14:10	Track
Junior	Boys	110m Hurdles	Finals	Lekan Salami	14:15	14:20	Track
Senior	Men	110m Hurdles	Finals	Lekan Salami	14:20	14:25	Track
Youth	Girls	100m	Heats	Lekan Salami	14:25	14:50	Track
Youth	Boys	100m	Heats	Lekan Salami	14:50	15:15	Track
Junior	Girls	800m	Heats	Lekan Salami	15:15	15:25	Track
Junior	Boys	800m	Heats	Lekan Salami	15:25	15:35	Track
Senior	Women	800m	Heats	Lekan Salami	15:35	15:45	Track
Senior	Men	800m	Heats	Lekan Salami	15:45	15:55	Track
Youth	Girls	100m	Finals A & B	Lekan Salami	15:55	16:05	Track
Youth	Boys	100m	Finals A & B	Lekan Salami	16:05	16:15	Track
Continental (Senior)	Women	4x100m	Finals	Lekan Salami	16:15	16:25	Track
Continental (Senior)	Men	4x100m	Finals	Lekan Salami	16:25	16:35	Track
Continental (Senior)	Mixed	4x400m	Finals	Lekan Salami	16:35	16:45	Track
Junior	Girls	200m	Heats	Lekan Salami	16:45	17:10	Track
Junior	Boys	200m	Heats	Lekan Salami	17:10	17:35	Track
Senior	Men	200m	Heats	Lekan Salami	17:35	18:00	Track
MEDAL PRESENTATIONS							
Youth Girls, Boys 800m, Long Jump, High Jump, Shot Put, 100m Junior Girls, Boys 400m; Junior & Senior Women's 100mH & Men's 110mH Continental Women, Men 4x100m & Mixed 4x400m				Lekan Salami	18:00	18:40	Track & Field

END OF DAY 3 - 6.40PM



MTN CHAMPS IBADAN 2024 - EVENTS SCHEDULE (DAY 4 OF 4)

on 5-8 April 2024 at Lekan Salami Stadium

All Athletes must wear their assigned bibs to compete throughout (which must be collected at Lekan Salami Stadium prior to the Event, on 3rd or 4th April)

ALL Athletes under the age of 21 must return the 1-page parental consent form signed their parent or legal guardian to be able to compete

All remaining events on the final day - Monday 8th April - for ALL Age Groups (Cadet, Youth, Senior & Junior) will be at Lekan Salami Stadium only

For U14, U17, U20 Track Prelims (100m, 200m & 400m), Top 48 Athletes by time progress to the Heats, then Top 16 to Finals A & B (6Q 2q to Final A and 8q to Final B)
For Senior Track Prelims (100m, 200m & 400m), Top 48 Athletes by time progress to the Heats, then Top 16 to Finals A & B (16q - 8 fastest to Final A, next 8 to Final B)
For all Field Preliminaries (both Jumps & Throws), each Athlete has 3 attempts only, with Top 8 only advancing to Final for 3 further attempts only!

IMPORTANT: REGISTRATION FOR YOUTH 4X100M HEATS IN THE MORNING WILL TAKE PLACE STRICTLY ON ARRIVAL FROM 8-8.30AM

DAY 4 - MORNING SESSION

Monday 08 April 2024

PRELIMS/SEMIS	FINALS	MEDALS
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DAY 3 AM Lekan Salami Stadium	START 9:00	END 13:00
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Highlights of the Session

U14 LJ Prelims, U17 200m & 4x100m Heats	14 FINALS - U14 Boy's HJ, Girl's LJ, U17 Boy's Shot Put & Girl's Triple Jump, U20/Senior 800m, U14/U17 400m, U14 100m	42 MEDALS TO BE AWARDED
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MEDAL AWARDS Lekan Salami Stadium	16:30	17:30
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CATEGORY	GENDER	EVENT	ROUND	LOCATION	START TIME	END TIME	AREA
Cadet	Boys	High Jump	Finals	Lekan Salami	9:00	11:00	Field
Youth	Boys	Discus	Finals	Lekan Salami	9:00	11:30	Field
Cadet	Girls	Long Jump	Preliminaries	Lekan Salami	9:00	11:00	Field
Cadet	Girls	Long Jump	Finals	Lekan Salami	11:00	11:30	Field
Youth	Girls	Triple Jump	Finals	Lekan Salami	11:30	12:30	Field
Youth	Girls	200m	Heats	Lekan Salami	9:00	9:25	Track
Youth	Boys	200m	Heats	Lekan Salami	9:25	9:50	Track
Youth	Girls	4x100m	Heats	Lekan Salami	9:50	10:30	Track
Youth	Boys	4x100m	Heats	Lekan Salami	10:30	11:10	Track
Junior	Girls	800m	Finals	Lekan Salami	11:10	11:15	Track
Junior	Boys	800m	Finals	Lekan Salami	11:15	11:20	Track
Senior	Women	800m	Finals	Lekan Salami	11:20	11:25	Track
Senior	Men	800m	Finals	Lekan Salami	11:25	11:30	Track
Cadet	Girls	400m	Finals A & B	Lekan Salami	11:30	11:40	Track
Cadet	Boys	400m	Finals A & B	Lekan Salami	11:40	11:50	Track
Youth	Girls	400m	Finals A & B	Lekan Salami	11:50	12:00	Track
Youth	Boys	400m	Finals A & B	Lekan Salami	12:00	12:10	Track
Cadet	Girls	100m	Finals A & B	Lekan Salami	12:10	12:20	Track
Cadet	Boys	100m	Finals A & B	Lekan Salami	12:20	12:30	Track
MEDAL PRESENTATIONS							
Cadet Boys High Jump; Youth Boys Discus Cadet Girls Long Jump; Youth Girls Triple Jump Junior & Senior Female, Male 800m; Cadet, Youth Girls, Boys 400m Cadet Girls, Boys 100m				Lekan Salami	12:30	13:00	Track & Field

DAY 4 INTERMISSION: 1PM - 1.30PM





MTN CHAMPS IBADAN 2024 - EVENTS SCHEDULE (DAY 4 OF 4)

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All remaining events on the final day - Monday 8th April - for ALL Age Groups (Cadet, Youth, Senior & Junior) will be at Lekan Salami Stadium only

For U14, U17, U20 Track Prelims (100m, 200m & 400m), Top 48 Athletes by time progress to the Heats, then Top 16 to Finals A & B (6Q 2q to Final A and 8q to Final B)

For Senior Track Prelims (100m, 200m & 400m), Top 48 Athletes by time progress to the Heats, then Top 16 to Finals A & B (16q - 8 fastest to Final A, next 8 to Final B)

For all Field Preliminaries (both Jumps & Throws), each Athlete has 3 attempts only, with Top 8 only advancing to Final for 3 further attempts only!

IMPORTANT: REGISTRATION FOR JUNIOR 4X100M AND MIXED 4X400M FINALS ON DAY 4 PM WILL TAKE PLACE NO LATER THAN 1:30PM (BY LUNCH BREAK)

DAY 4 - AFTERNOON SESSION (CHAMPIONSHIP DECIDER)

Monday 08 April 2024

FINALS	MEDAL, MVP & TROPHY PRESENTATIONS
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	START	END
DAY 3 PM Lekan Salami Stadium	13:30	18:00

Highlights of the Session

23 FINALS - U14 Girl's HJ & Boy's LJ, U17 Girl's Discus & Boy's TJ, U20/Senior 400mH, 200m, U14/U17/U20 4x100m, U20 Mixed 4x400m	69 MEDALS TO BE AWARDED 10 MVPs TO RECEIVE PRIZES 6 SCHOOL/TEAM TITLES DECIDED
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Lekan Salami Stadium

	16:30	17:30
MEDALS	16:30	17:30
MVPs	17:30	17:35
TROPHIES	17:35	18:00

CATEGORY	GENDER	EVENT	ROUND	LOCATION	START TIME	END TIME	AREA
Cadet	Girls	High Jump	Finals	Lekan Salami	13:30	15:30	Field
Youth	Girls	Discus	Finals	Lekan Salami	13:30	16:30	Field
Youth	Boys	Triple Jump	Finals	Lekan Salami	13:30	14:30	Field
Cadet	Boys	Long Jump	Preliminaries	Lekan Salami	14:30	16:30	Field
Cadet	Boys	Long Jump	Finals	Lekan Salami	16:30	17:00	Field
Junior	Girls	400m Hurdles	Finals	Lekan Salami	13:30	13:35	Track
Senior	Women	400m Hurdles	Finals	Lekan Salami	13:35	13:40	Track
Junior	Boys	400m Hurdles	Finals	Lekan Salami	13:40	13:45	Track
Senior	Men	400m Hurdles	Finals	Lekan Salami	13:45	13:50	Track
Cadet	Girls	200m	Finals A & B	Lekan Salami	14:00	14:10	Track
Cadet	Boys	200m	Finals A & B	Lekan Salami	14:10	14:20	Track
Youth	Girls	200m	Finals A & B	Lekan Salami	14:20	14:30	Track
Youth	Boys	200m	Finals A & B	Lekan Salami	14:30	14:40	Track
Junior	Girls	200m	Finals A & B	Lekan Salami	14:40	14:50	Track
Junior	Boys	200m	Finals A & B	Lekan Salami	14:50	15:00	Track
Senior	Women	200m	Finals	Lekan Salami	15:00	15:10	Track
Senior	Men	200m	Finals	Lekan Salami	15:10	15:20	Track
Cadet	Girls	4x100m	Finals	Lekan Salami	15:20	15:30	Track
Cadet	Boys	4x100m	Finals	Lekan Salami	15:30	15:40	Track
Youth	Girls	4x100m	Finals	Lekan Salami	15:40	15:50	Track
Youth	Boys	4x100m	Finals	Lekan Salami	15:50	16:00	Track
Junior	Girls	4x100m	Finals	Lekan Salami	16:00	16:10	Track
Junior	Boys	4x100m	Finals	Lekan Salami	16:10	16:20	Track
Junior	Mixed	4x400m	Finals	Lekan Salami	16:20	16:30	Track
MEDAL PRESENTATIONS							
Cadet Girls High Jump; Youth Girls Discus Cadet Boys Long Jump; Youth Boys Triple Jump Junior & Senior Female, Male 400m Hurdles Cadet, Youth, Junior, Senior Female, Male 200m Cadet, Youth, Junior Girls, Boys 4x100m; Junior Mixed 4x400m				Lekan Salami	16:30	17:30	Track & Field
Cadet, Youth & Juniors	Girls & Boys	MVP	Awards	Lekan Salami	17:30	17:35	Track & Field
SCHOOL/TEAM TITLES & TROPHY PRESENTATIONS							
Cadet, Youth Girls, Boys School Champions Junior Team Champions (Girls + Boys) Continental (Senior) Team Champions (Women + Men)				Lekan Salami	17:35	18:00	Track & Field

END OF CHAMPIONSHIP - 6PM

