



MTN CHAMPS Asaba / AFN National Trials for African Games - FINAL SCHEDULE OF

on 17th - 21st February 2024 at Stephen Keshi Stadium

All Registered Schools/Athletes must wear their assigned bibs to compete throughout the event

ALL Athletes under the age of 21 must return the 1-page parental consent form signed their parent or legal guardian to be able to compete

For all Field Events, only Top 8 Athletes will have 6 attempts in total (either in a straight final OR 3 in prelims & 3 in the finals!)

DAY 1 - MORNING SESSION

Saturday 17 February 2024

MORNING SESSION COMMENCES 8AM

DAY 1		MORNING SESSION			SCHEDULE OF EVENTS
Time	SEX	AREA	EVENTS	CATEGORY	ROUNDS
8.15am	Men	Track	10000m	Senior	Final
9.00am	Women	Field	Discus	Junior	Final
9.00am	Men	Field	Long Jump	Junior	Preliminaries
9.00am	Women	Field	Pole Vault	Senior	Final
9:00am	Women	Track	100m Hurdles	Junior	Heats
9:10am	Women	Track	100m Hurdles	Senior	Heats
9.20am	Women	Track	100m Hurdles	Senior	Heptathlon
9.30am	Men	Field	Discus	Junior	Final
9.40am	Men	Field	Pole Vault	Senior	Final
9.55am	Women	Field	High Jump	Senior	Heptathlon
9.30am	Women	Track	100m	Senior	Preliminary
10.10am	Men	Track	100m	Senior	Preliminary
11.00am	Women	Track	400m	Senior	Heats
11.30am	Men	Track	400m	Senior	Heats
LUNCH BREAK FOR SENIOR/JUNIOR ATHLETES & COMMENCEMENT OF SCHOOL (YOUTH & CADET) 100M HEATS					
12.00pm	Girls	Track	100m	Cadet	Heats
12.45pm	Boys	Track	100m	Cadet	Heats
1.30pm	Girls	Track	100m	Youth	Heats
2.15pm	Boys	Track	100m	Youth	Heats
~3PM LUNCH & END OF DAY FOR SCHOOL (YOUTH, CADET) ATHLETES & START OF PM SESSION FOR SENIORS/JUNIORS					

DAY 1 - AFTERNOON SESSION

Saturday 17 February 2024

AFTERNOON SESSION COMMENCES 3PM

DAY 1		AFTERNOON SESSION			SCHEDULE OF EVENTS
Time	SEX	AREA	EVENTS	CATEGORY	ROUNDS
3.00pm	Men	Field	Long Jump	Senior	Qualifying
3.05pm	Women	Field	Shot Put	Senior	Heptathlon
3.00pm	Women	Track	100m Masters	Masters	Final
3:10pm	Men	Track	100m Masters	Masters	Final
3.20pm	Women	Track	100m	Senior	Semi Finals
3.30pm	Women	Field	Discus	Senior	Final
3.40pm	Men	Track	100m	Senior	Semi Finals
4.00pm	Women	Track	200m	Senior	Heptathlon
4:10pm	Men	Field	Discus	Senior	Final
4.10pm	Women	Track	1500m	Senior	Final
4.20pm	Men	Track	1500m	Senior	Final
4.30pm	Women	Field	Triple Jump	Senior	Final
4.30pm	Women	Track	100m	Senior	Final
4.40pm	Men	Track	100m	Senior	Final
5.00pm	Women	Track	100m Hurdles	Junior	Final
5.05pm	Women	Track	100m Hurdles	Senior	Final
5:20pm	Women	Track	5000m	Senior	Final
5:30pm	Men	Field	Hammer	Senior	Final
MEDAL PRESENTATION CEREMONIES					





MTN CHAMPS Asaba / AFN National Trials for African Games - FINAL SCHEDULE OF EVENTS

on 17th - 21st February 2024 at Stephen Keshi Stadium

All Registered Schools/Athletes must wear their assigned bibs to compete throughout the event

ALL Athletes under the age of 21 must return the 1-page parental consent form signed their parent or legal guardian to be able to compete

For all Field Events, only Top 8 Athletes will have 6 attempts in total (either in a straight final OR 3 in prelims & 3 in the finals)

DAY 2 - MORNING SESSION

Sunday 18 February 2024

MORNING SESSION COMMENCES 7AM

DAY 2		MORNING SESSION			SCHEDULE OF EVENTS
Time	GENDER	AREA	EVENTS	CATEGORY	ROUNDS
7.00am	Women	Track	20km Racewalk	Senior	Final
7.05am	Men	Track	20km Racewalk	Senior	Final
9.00am	Men	Track	110m Hurdles	Junior	Heats
9.05am	Women	Field	Long Jump	Senior	Heptathlon
9.10am	Men	Track	110m Hurdles	Senior	Heats
9.10am	Women	Field	Long Jump	Junior	Final
9.30am	Men	Track	100m	Senior	Decathlon
9.50am	Women	Track	400m Hurdles	Junior	Heats
10.00am	Women	Track	400m Hurdles	Senior	Heats
10.10am	Men	Track	400m Hurdles	Junior	Heats
10.20am	Men	Track	400m Hurdles	Senior	Heats
10.30am	Women	Track	200m	Senior	Heats
10.30am	Men	Field	Long Jump	Senior	Decathlon
10.40am	Men	Field	Long Jump	Junior	Final
11.00am	Men	Track	200m	Senior	Heats
11.45am	Men	Field	Shot Put	Senior	Decathlon
BREAK FOR SENIOR/JUNIOR ATHLETES & START OF SCHOOL (YOUTH & CADET) 100M SEMIS/FINALS & YOUTH 800M HEATS					
12.00pm	Girls	Track	100m	Cadet	Semi Finals
12.15pm	Boys	Track	100m	Cadet	Semi Finals
12.30pm	Girls	Track	100m	Youth	Semi Finals
12.45pm	Boys	Track	100m	Youth	Semi Finals
1.00pm	Girls	Track	800m	Youth	Heats
1.15pm	Boys	Track	800m	Youth	Heats
2:00pm	Girls	Track	100m	Cadet	Final
2:05pm	Boys	Track	100m	Cadet	Final
2:10pm	Girls	Track	100m	Youth	Final
2:15pm	Boys	Track	100m	Youth	Final
~3PM LUNCH & END OF DAY FOR SCHOOL (YOUTH, CADET) ATHLETES & START OF PM SESSION FOR SENIORS/JUNIORS					

DAY 2 - AFTERNOON SESSION

Sunday 18 February 2024

AFTERNOON SESSION COMMENCES 3PM

DAY 2		AFTERNOON SESSION			SCHEDULE OF EVENTS
Time	SEX	AREA	EVENTS	CATEGORY	ROUNDS
3:00pm	Men	Field	Triple Jump	Senior	Final
3.00pm	Men	Field	Shot Put	Senior	Final
3.00pm	Men	Track	110m Hurdles	Junior	Final
3.10pm	Men	Track	110m Hurdles	Senior	Final
3.05pm	Men	Field	High Jump	Senior	Decathlon
3.30pm	Women	Field	High Jump	Junior	Final
3.30pm	Men	Field	Shot Put	Junior	Final
3.30pm	Women	Track	200m	Senior	Semi Finals
3.35pm	Women	Field	Javelin	Senior	Heptathlon
3.50pm	Men	Track	200m	Senior	Semi Finals
4.00pm	Women	Field	High Jump	Senior	Final
4:10pm	Men	Track	400m	Senior	Decathlon
4.15pm	Women	Field	Long Jump	Senior	Final
4.20pm	Women	Track	4x100m Relays Masters	Masters	Final
4.30pm	Men	Track	4x100m Relays Masters	Masters	Final
4.30pm	Women	Field	Javelin	Junior	Final
4.45pm	Women	Field	Javelin	Senior	Final
4.40pm	Women	Track	400m	Senior	Final A & B
4.50pm	Men	Track	400m	Senior	Final A & B
5.00pm	Women	Track	800m	Senior	Heptathlon
5:10pm	Women	Track	3,000m Steeple Chase	Senior	Final
5:30pm	Men	Track	3,000m Steeple Chase	Senior	Final
MEDAL PRESENTATION CEREMONIES					





MTN CHAMPS Asaba / AFN National Trials for African Games - FINAL SCHEDULE OF EVENTS

on 17th - 21st February 2024 at Stephen Keshi Stadium

All Registered Schools/Athletes must wear their assigned bibs to compete throughout the event

ALL Athletes under the age of 21 must return the 1-page parental consent form signed their parent or legal guardian to be able to compete

For all Field Events, only Top 8 Athletes will have 6 attempts in total (either in a straight final OR 3 in prelims & 3 in the finals!)

DAY 3 - MORNING SESSION

Monday 19 February 2024

MORNING SESSION COMMENCES 8AM

DAY 3		MORNING SESSION			SCHEDULE OF EVENTS
Time	GENDER	AREA	EVENTS	CATEGORY	ROUNDS
8.00am	Women	Track	10,000m	Senior	Final
9.00am	Men	Field	Javelin	Junior	Final
9.00am	Girls	Field	Long Jump	Cadet	Final
9.00am	Men	Track	110m Hurdles	Senior	Decathlon
9.30am	Women	Track	100m	Junior	Heats
10.00am	Men	Track	100m	Junior	Heats
10.00am	Men	Field	Discus	Senior	Decathlon
10.30am	Boys	Field	Long Jump	Cadet	Final
11.00am	Men	Field	Pole Vault	Senior	Decathlon
11.00am	Women	Track	800m	Junior	Heats
11.10am	Men	Track	800m	Junior	Heats
11.30am	Women	Track	100m	Junior	Semi-Finals
11.45am	Men	Track	100m	Junior	Semi-Finals
LUNCH BREAK FOR SENIOR/JUNIOR ATHLETES & COMMENCEMENT OF SCHOOL (YOUTH & CADET) 200M HEATS					
12:00pm	Girls	Track	200m	Cadet	Heats
12:45pm	Boys	Track	200m	Cadet	Heats
1:30pm	Girls	Track	200m	Youth	Heats
2:15pm	Boys	Track	200m	Youth	Heats
~3PM LUNCH & END OF DAY FOR SCHOOL (YOUTH, CADET) ATHLETES & START OF PM SESSION FOR SENIORS/JUNIORS					

DAY 3 - AFTERNOON SESSION

Monday 19 February 2024

AFTERNOON SESSION COMMENCES 3PM

DAY 3		AFTERNOON SESSION			SCHEDULE OF EVENTS
Time	SEX	AREA	EVENTS	CATEGORY	ROUNDS
3.00pm	Men	Field	Javelin	Senior	Decathlon
3.00pm	Men	Field	High Jump	Junior	Final
3.10pm	Women	Track	400m Hurdles	Junior	Final
3.15pm	Women	Track	400m Hurdles	Senior	Final
3:15pm	Women	Field	Shot Put	Senior	Final
3.25pm	Men	Track	400m Hurdles	Junior	Final
3.30pm	Men	Track	400m Hurdles	Senior	Final
3.20pm	Men	Field	Long Jump	Senior	Final
3.40pm	Men	Field	High Jump	Senior	Final
3.40pm	Women	Track	800m	Senior	Final
3:50pm	Men	Track	800m	Senior	Final
4.00pm	Women	Field	Shot Put	Junior	Final
4.05pm	Men	Field	Javelin	Senior	Final
4.10pm	Men	Track	1500m	Senior	Decathlon
4.35pm	Women	Track	200m	Senior	Final
4.45pm	Men	Track	200m	Senior	Final
4.50pm	Men	Track	5,000m	Senior	Final
5.00pm	Women	Field	Hammer	Senior	Final
MEDAL PRESENTATION CEREMONIES					





MTN CHAMPS Asaba / AFN National Trials for African Games - FINAL SCHEDULE OF EVENTS

on 17th - 21st February 2024 at Stephen Keshi Stadium

All Registered Schools/Athletes must wear their assigned bibs to compete throughout the event

ALL Athletes under the age of 21 must return the 1-page parental consent form signed their parent or legal guardian to be able to compete

For all Field Events, only Top 8 Athletes will have 6 attempts in total (either in a straight final OR 3 in prelims & 3 in the finals!)

DAY 4 - MORNING SESSION

Tuesday 20 February 2024

MORNING SESSION COMMENCES 9AM

DAY 4		MORNING SESSION			SCHEDULE OF EVENTS
Time	SEX	AREA	EVENTS	CATEGORY	ROUNDS
9.00am	Girls	Field	Long Jump	Youth	Preliminaries
9.00am	Boys	Field	High Jump	Cadet	Final
9.00am	Girls	Track	400m	Cadet	Heats
9.30am	Boys	Track	400m	Cadet	Heats
9.30am	Boys	Field	High Jump	Youth	Final
10.00am	Girls	Track	400m	Youth	Heats
10.30am	Boys	Track	400m	Youth	Heats
11.00am	Women	Track	400m	Junior	Heats
11.30am	Men	Track	400m	Junior	Heats
12.00pm	Women	Track	100m	Junior	Final
12.10pm	Men	Track	100m	Junior	Final
MEDAL PRESENTATION CEREMONIES					

LUNCH BREAK / INTERMISSION - 12.20PM

DAY 4 - AFTERNOON SESSION

Tuesday 20 February 2024

AFTERNOON SESSION COMMENCES 1PM

DAY 4		AFTERNOON SESSION			SCHEDULE OF EVENTS
Time	SEX	AREA	EVENTS	CATEGORY	ROUNDS
1.00pm	Boys	Field	Long Jump	Youth	Preliminaries
1.00pm	Girls	Field	High Jump	Cadet	Final
1.00pm	Girls	Track	200m	Cadet	Semi Finals
1.15pm	Boys	Track	200m	Cadet	Semi Finals
1.30pm	Girls	Track	200m	Youth	Semi Finals
1.45pm	Boys	Track	200m	Youth	Semi Finals
1.45pm	Girls	Field	High Jump	Youth	Final
2.00pm	Women	Track	200m	Junior	Semi Finals
2.30pm	Men	Track	200m	Junior	Semi Finals
3.30pm	Girls	Track	800m	Youth	Final
3.40pm	Boys	Track	800m	Youth	Final
3.50pm	Women	Track	800m	Junior	Final
4.00pm	Men	Track	800m	Junior	Final
4.10pm	Girls	Field	Discus	Youth	Final
4.30pm	Boys	Field	Discus	Youth	Final
MEDAL PRESENTATION CEREMONIES					





MTN CHAMPS Asaba / AFN National Trials for African Games - FINAL SCHEDULE OF EVENTS

on 17th - 21st February 2024 at Stephen Keshi Stadium

All Registered Schools/Athletes must wear their assigned bibs to compete throughout the event

ALL Athletes under the age of 21 must return the 1-page parental consent form signed their parent or legal guardian to be able to compete

For all Field Events, only Top 8 Athletes will have 6 attempts in total (either in a straight final OR 3 in prelims & 3 in the finals!)

DAY 5 - MORNING SESSION

Wednesday 21 February 2024

MORNING SESSION COMMENCES 9AM

DAY 5		MORNING SESSION			SCHEDULE OF EVENTS
TIME	GENDER	AREA	EVENTS	CATEGORY	ROUNDS
9.00am	Girls	Field	Shot Put	Youth	Final
9.00am	Girls	Field	Triple Jump	Youth	Final
9.00am	Girls	Track	4 x 100m	Cadet	Heats
9.30am	Boys	Track	4 x100m	Cadet	Heats
9.30am	Boys	Field	Shot Put	Youth	Final
9.45am	Boys	Field	Triple Jump	Youth	Final
10.00am	Girls	Track	4 x 100m	Youth	Heats
10.30am	Boys	Track	4 x 100m	Youth	Heats
10.30am	Women	Field	Triple Jump	Junior	Final
11.00am	Girls	Track	400m	Cadet	Finals A & B
11.10am	Boys	Track	400m	Cadet	Finals A & B
11.15am	Men	Field	Triple Jump	Junior	Final
11.20am	Girls	Track	400m	Youth	Finals A & B
11.30am	Boys	Track	400m	Youth	Finals A & B
11.40am	Women	Track	400m	Junior	Finals A & B
11.50am	Men	Track	400m	Junior	Finals A & B
MEDAL PRESENTATION CEREMONIES					

LUNCH BREAK / INTERMISSION - 12 NOON

DAY 5 - AFTERNOON SESSION

Wednesday 21 February 2024

AFTERNOON SESSION COMMENCES 1PM

DAY 5		AFTERNOON SESSION			SCHEDULE OF EVENTS
Time	SEX	AREA	EVENTS	CATEGORY	ROUNDS
1.00pm	Girls	Field	Long Jump	Youth	Final
1.00pm	Girls	Track	200m	Cadet	Final
1.05pm	Boys	Track	200m	Cadet	Final
1.10pm	Girls	Track	200m	Youth	Final
1.15pm	Boys	Track	200m	Youth	Final
1.20pm	Women	Track	200m	Junior	Final
1.25pm	Men	Track	200m	Junior	Final
1.30pm	Women	Track	1500m	Junior	Final
1.40pm	Men	Track	1500m	Junior	Final
1.45pm	Boys	Field	Long Jump	Youth	Final
1.50pm	Girls	Track	4 x 100m	Cadet	Final
2.00pm	Boys	Track	4 x 100m	Cadet	Final
2.10pm	Girls	Track	4 x 100m	Youth	Final
2.20pm	Boys	Track	4 x 100m	Youth	Final
2.30pm	Girls	Track	4 x 100m	Junior	Final
2.40pm	Boys	Track	4 x 100m	Junior	Final
2.50pm	Mixed	Track	4 x 400m Mixed	Junior	Final
MEDAL PRESENTATION CEREMONIES					
MVP AWARDS / TEAM TITLE TROPHY PRESENTATIONS					

