





FINALS









MTN CHAMPS ABUJA / GRAND FINAL - EVENTS SCHEDULE

on 1-3 December 2023 at Moshood Abiola National Stadium

All Registered Schools/Athletes must wear their assigned bibs to compete throughout the event

ALL Athletes must return the 1-page parental consent form signed their parent or legal guardian to be able to compete

 $All \ Throws, Cadet \ 100m, 200m \ \& \ 400m \ Heats \ AND \ Youth/Junior \ 800m \ Heats \ will \ take \ place \ on \ Warm \ Up \ Track \ (all \ other \ Events \ in \ Main \ Bowl)$

MEDALS

DAY 1 - MORNING SESSION

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Friday 01 December 2023

DAY 1 AM	START	END
Main Bowl	9:00	12:00
Warm Up Track	9:00	12:00

Highlights of the Session

HEATS/PRELIMS

ALL 100M & U14 400M HEATS, SHOT PUT	2 FINALS -	6 MEDALS TO
& U17/U14 HIGH JUMP PRELIMS	U20 1500M	BE AWARDED

AWARDS	18:00	18:30
Main Bowl	18.00	18.30

Notes, Rules & Guidelines for Day 1 Morning Session:

(1) For each 100m Category, Top 24 (fastest times in the Heats + 'Team MVP' from Benin, Uyo, Ibadan) will advance to Semis in the afternoon (2) For each 400m Category, the Top 16 (fastest times + 'Team MVP' from Benin, Uyo & Ibadan) will advance to Finals A & B on Day 2

(3) Field Event preliminaries to hold only if needed to select Top 8 Athletes to advance to Finals - each Athlete in prelims will have 3 attempts (Any 'Team MVP' Athletes from Benin, Uyo, Ibadan in the Field Events to advance directly to the Finals as part of the Top 8)

CATEGORY	GENDER	EVENT	ROUND	LOCATION	START TIME	END TIME	AREA
Youth	Girls	100m	Heats	Main Bowl	9:00	9:45	Track
Youth	Boys	100m	Heats	Main Bowl	9:45	10:30	Track
Junior	Girls	100m	Heats	Main Bowl	10:30	11:00	Track
Junior	Boys	100m	Heats	Main Bowl	11:00	11:30	Track
Cadet	Girls	100m	Heats	Warm Up Track	9:00	9:45	Track
Cadet	Boys	100m	Heats	Warm Up Track	9:45	10:30	Track
Cadet	Girls	400m	Heats	Warm Up Track	10:30	11:00	Track
Cadet	Boys	400m	Heats	Warm Up Track	11:00	11:30	Track
Youth	Girls	High Jump	Preliminaries	Main Bowl	9:00	9:45	Field
Youth	Boys	High Jump	Preliminaries	Main Bowl	9:45	10:30	Field
Cadet	Girls	High Jump	Preliminaries	Main Bowl	10:30	11:15	Field
Cadet	Boys	High Jump	Preliminaries	Main Bowl	11:15	12:00	Field
Youth	Girls	Shot Put	Preliminaries	Warm Up Track	9:00	9:45	Field
Youth	Boys	Shot Put	Preliminaries	Warm Up Track	9:45	10:30	Field
Junior	Girls	Shot Put	Preliminaries	Warm Up Track	10:30	11:15	Field
Junior	Boys	Shot Put	Preliminaries	Warm Up Track	11:15	12:00	Field
Junior	Girls	1500m	Finals	Main Bowl	11:40	11:50	Track
Junior	Boys	1500m	Finals	Main Bowl	11:50	12:00	Track

DAY 1 INTERMISSION: 12PM - 1PM





























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 $All\ Throws, Cadet\ 100m, 200m\ \&\ 400m\ Heats\ AND\ Youth/Junior\ 800m\ Heats\ will\ take\ place\ on\ Warm\ Up\ Track\ (all\ other\ Events\ in\ Main\ Bowl)$

DAY 1 - AFTERNOON SESSION

PRELIMS, HEATS, SEMI-FINALS	FINALS	MEDALS

6	FINALS	MEDALS
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Highlights of the Session

100M SEMIS, 400M HEATS, DISCUS,	10 FINALS - 100M,	36 MEDALS TO
JAVELIN & U20 HIGH JUMP PRELIMS	TRIPLE JUMP	BE AWARDED

Friday 01 December 2023

Triday of December 2025					
DAY 1 PM	START	END			
Main Bowl	13:00	18:30			
Warm Up Track	13:00	17:30			

Main Bowl

AWARDS	18:00	18:25
IBADAN TOP 10	18:25	18:30

Notes, Rules & Guidelines for Day 1 Afternoon Session:

(1) For all Triple Jump Finals, only the Top 8 in each Category will have 6 attempts in total (all others will have 3 attempts only) (2) For each 400m Category, the Top 16 (fastest times + 'Team MVP' from Benin, Uyo & Ibadan) will advance to Finals A & B on Day 2 (3) Field Event preliminaries to hold only if needed to select Top 8 Athletes to advance to Finals - each Athlete in prelims will have 3 attempts (Any 'Team MVP' Athletes from Benin, Uyo, Ibadan in the Field Events to advance directly to the Finals as part of the Top 8)

					START	CTART	END	ĺ
CATEGORY	GENDER	EVENT	ROUND	LOCATION	TIME	TIME	AREA	
Junior	Girls	High Jump	Preliminaries	Main Bowl	13:00	13:45	Field	
Junior	Boys	High Jump	Preliminaries	Main Bowl	13:45	14:30	Field	
Junior	Girls	Javelin	Preliminaries	Warm Up Track	13:00	13:45	Field	
Junior	Boys	Javelin	Preliminaries	Warm Up Track	13:45	14:30	Field	
Cadet	Girls	100m	Semi-Finals	Main Bowl	13:00	13:15	Track	
Cadet	Boys	100m	Semi-Finals	Main Bowl	13:20	13:35	Track	
Youth	Girls	100m	Semi-Finals	Main Bowl	13:40	13:55	Track	
Youth	Boys	100m	Semi-Finals	Main Bowl	14:00	14:15	Track	
Junior	Girls	100m	Semi-Finals	Main Bowl	14:20	14:35	Track	
Junior	Boys	100m	Semi-Finals	Main Bowl	14:40	14:55	Track	
Youth	Girls	Triple Jump	Finals	Main Bowl	13:00	14:00	Field	
Youth	Boys	Triple Jump	Finals	Main Bowl	14:00	15:00	Field	
Junior	Girls	Triple Jump	Finals	Main Bowl	15:00	16:00	Field	
Junior	Boys	Triple Jump	Finals	Main Bowl	16:00	17:00	Field	
Youth	Girls	Discus	Preliminaries	Warm Up Track	14:30	15:15	Field	
Youth	Boys	Discus	Preliminaries	Warm Up Track	15:15	16:00	Field	
Junior	Girls	Discus	Preliminaries	Warm Up Track	16:00	16:45	Field	
Junior	Boys	Discus	Preliminaries	Warm Up Track	16:45	17:30	Field	
Youth	Girls	400m	Heats	Main Bowl	15:00	15:30	Track	
Youth	Boys	400m	Heats	Main Bowl	15:30	16:00	Track	
Junior	Girls	400m	Heats	Main Bowl	16:00	16:30	Track	
Junior	Boys	400m	Heats	Main Bowl	16:30	17:00	Track	
Cadet	Girls	100m	Finals	Main Bowl	17:00	17:10	Track	
Cadet	Boys	100m	Finals	Main Bowl	17:10	17:20	Track	
Youth	Girls	100m	Finals	Main Bowl	17:20	17:30	Track	
Youth	Boys	100m	Finals	Main Bowl	17:30	17:40	Track	
Junior	Girls	100m	Finals	Main Bowl	17:40	17:50	Track	
Junior	Boys	100m	Finals	Main Bowl	17:50	18:00	Track	
MEDA	AL PRESENTATION	ONS - 36 MEDA	LS:					
	Junior Girls, Boys 1500m		Main Royal	18:00	18:25	Track &		
Yout	h & Junior Girls,	Boys Triple Jun	пр	Main Bowl	10:00	16:25	Field	
Cade	t, Youth, Junior	Girls, Boys 100	m					
Cadet, Youth &	Cide O. Dec	Ibadan Top 10		Mate Band	40.05	40.00	Track &	
Juniors	Girls & Boys	MVPs prizes	Awards	Main Bowl	18:25	18:30	Field	

END OF DAY 1 - 6:30PM





























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 $All\ Throws, Cadet\ 100m, 200m\ \&\ 400m\ Heats\ AND\ Youth/Junior\ 800m\ Heats\ will\ take\ place\ on\ Warm\ Up\ Track\ (all\ other\ Events\ in\ Main\ Bowl)$

DAY 2 - MORNING SESSION

HEATS/PRELIMS	FINALS	MEDALS

Highlights of the Session

200M & 800M HEATS,	2 FINALS -	6 MEDALS TO
U20 BOYS & U14 LONG JUMP PRELIMS	U20 100/110MH	BE AWARDED

Saturday 02 December 2023

DAY 2 AM	START	END
Main Bowl	9:00	11:30
Warm Up Track	9:00	10:30

AWARDS Main Bowl	18:00	18:50
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Notes, Rules & Guidelines for Day 3 Morning Session:

(1) For each 200m Category, Top 24 (fastest times in Heats + 'Team MVP' from Benin, Uyo & Ibadan) will advance to Semis in the afternoon (2) For each 800m Category (if heats needed) Top 12 (fastest times + 'Team MVP' from Benin, Uyo & Ibadan) will advance to Finals on Day 3 (3) Long Jump preliminaries to hold only if needed to select Top 8 Athletes to advance to Finals - each Athlete in prelims will have 3 attempts (Any 'Team MVP' Athletes from Benin, Uyo, Ibadan in the Field Events to advance directly to the Finals as part of the Top 8)

IMPORTANT: REGISTRATION FOR CADET & YOUTH 4X100M HEATS WILL TAKE PLACE STRICTLY ON ARRIVAL FROM 8-9AM

CATEGORY	GENDER	EVENT	ROUND	LOCATION	START	END	AREA
	_				TIME	TIME	
Junior	Boys	Long Jump	Preliminaries	Main Bowl	9:00	10:30	Field
Cadet	Girls	Long Jump	Preliminaries	Main Bowl	10:30	11:15	Field
Cadet	Boys	Long Jump	Preliminaries	Main Bowl	11:15	12:00	Field
Cadet	Girls	200m	Heats	Warm Up Track	9:00	9:45	Track
Cadet	Boys	200m	Heats	Warm Up Track	9:45	10:30	Track
Youth	Girls	800m	Heats	Warm Up Track	10:40	11:00	Track
Youth	Boys	800m	Heats	Warm Up Track	11:00	11:20	Track
Junior	Girls	800m	Heats	Warm Up Track	11:20	11:40	Track
Junior	Boys	800m	Heats	Warm Up Track	11:40	12:00	Track
Youth	Girls	200m	Heats	Main Bowl	9:00	9:45	Track
Youth	Boys	200m	Heats	Main Bowl	9:45	10:30	Track
Junior	Girls	200m	Heats	Main Bowl	10:30	11:00	Track
Junior	Boys	200m	Heats	Main Bowl	11:00	11:30	Track
Junior	Girls	100m Hurdles	Finals	Main Bowl	11:40	11:50	Track
Junior	Boys	110m Hurdles	Finals	Main Bowl	11:50	12:00	Track

DAY 2 INTERMISSION: 1PM - 2PM





















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All Throws, Cadet 100m, 200m & 400m Heats AND Youth/Junior 800m Heats will take place on Warm Up Track (all other Events in Main Bowl)

MEDALS

DAY 2 - AFTERNOON SESSION

DAY 2 PM	START	END
Main Bowl	13:00	18:50
Warm Up Track	13:00	18:00

PRELIMS/HEATS/SEMIS

200M SEMIS,	22 FINALS - 400M, HIGH JUMP,	72 MEDALS TO
4X100M HEATS,	· · · · · · · · · · · · · · · · · · ·	BE AWARDED
U20 GIRLS & U17 LJ	SHOT PUT, DISCUS, JAVELIN	DE AWARDED

AWARDS 18:00 18:50 Main Bowl

Notes, Rules & Guidelines for Day 2 Afternoon Session:

(1) For all Field Event Finals, only the Top 8 qualified from the Prelims/Team MVP will compete, with each of them getting 3 attempts only (2) Long Jump preliminaries to hold only if needed to select Top 8 Athletes to advance to Finals - each Athlete in prelims will have 3 attempts (3) For each 400m Category, Final B (~5 mins each) is consolation finalwhile Final A (~10 mins each) is for the Top 8 to decide the medals (Any 'Team MVP' Athletes from Benin, Uyo, Ibadan in the 400m or Field Events to advance directly to the Finals as part of the Top 8)

IMPORTANT: REGISTRATION FOR CADET & YOUTH 4X100M HEATS WILL TAKE PLACE STRICTLY ON ARRIVAL IN THE MORNING (8-9AM)

CATEGORY	GENDER	EVENT	ROUND	LOCATION	START TIME	END TIME	AREA
Cadet	Girls	200m	Semi-Finals	Main Bowl	13:00	13:15	Track
Cadet	Boys	200m	Semi-Finals	Main Bowl	13:15	13:30	Track
Youth	Girls	200m	Semi-Finals	Main Bowl	13:30	13:45	Track
Youth	Boys	200m	Semi-Finals	Main Bowl	13:45	14:00	Track
Junior	Girls	200m	Semi-Finals	Main Bowl	14:00	14:15	Track
Junior	Boys	200m	Semi-Finals	Main Bowl	14:15	14:30	Track
Youth	Girls	Shot Put	Finals	Warm Up Track	13:00	13:30	Field
Youth	Boys	Shot Put	Finals	Warm Up Track	13:30	14:00	Field
Junior	Girls	Shot Put	Finals	Warm Up Track	14:00	14:30	Field
Junior	Boys	Shot Put	Finals	Warm Up Track	14:30	15:00	Field
Junior	Girls	Long Jump	Preliminaries	Main Bowl	13:00	14:00	Field
Youth	Boys	Long Jump	Preliminaries	Main Bowl	14:00	15:30	Field
Youth	Girls	Long Jump	Preliminaries	Main Bowl	15:30	17:00	Field
Cadet	Girls	High Jump	Finals	Main Bowl	13:00	13:45	Field
Cadet	Boys	High Jump	Finals	Main Bowl	13:45	14:30	Field
Youth	Girls	High Jump	Finals	Main Bowl	14:30	15:15	Field
Youth	Boys	High Jump	Finals	Main Bowl	15:15	16:00	Field
Junior	Girls	High Jump	Finals	Main Bowl	16:00	16:45	Field
Junior	Boys	High Jump	Finals	Main Bowl	16:45	17:30	Field
Cadet	Girls	400m	Finals B & A	Main Bowl	14:30	14:45	Track
Cadet	Boys	400m	Finals B & A	Main Bowl	14:45	15:00	Track
Youth	Girls	400m	Finals B & A	Main Bowl	15:00	15:15	Track
Youth	Boys	400m	Finals B & A	Main Bowl	15:15	15:30	Track
Junior	Girls	400m	Finals B & A	Main Bowl	15:30	15:45	Track
Junior	Boys	400m	Finals B & A	Main Bowl	15:45	16:00	Track
Junior	Girls	Javelin	Finals	Warm Up Track	15:00	15:30	Field
Junior	Boys	Javelin	Finals	Warm Up Track	15:30	16:00	Field
Cadet	Girls	4x100m	Heats	Main Bowl	16:00	16:30	Track
Cadet	Boys	4x100m	Heats	Main Bowl	16:30	17:00	Track
Youth	Girls	4x100m	Heats	Main Bowl	17:00	17:30	Track
Youth	Boys	4x100m	Heats	Main Bowl	17:30	18:00	Track
Youth	Girls	Discus	Finals	Warm Up Track	16:00	16:30	Field
Youth	Boys	Discus	Finals	Warm Up Track	16:30	17:00	Field
Junior	Girls	Discus	Finals	Warm Up Track	17:00	17:30	Field
Junior	Boys	Discus	Finals	Warm Up Track	17:30	18:00	Field
Cadet, You Junior	MEDAL PRESENTATIONS - 72 MEDALS: Cadet, Youth, Junior Girls, Boys 400m, High Jump Junior Girls, Boys 100/110m Hurdles, Javelin Youth, Junior Girls, Boys Shot Put, Discus Throw			Main Bowl	18:00	18:50	Track & Field

END OF DAY 2 - 6.50PM





























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All Throws, Cadet 100m, 200m & 400m Heats AND Youth/Junior 800m Heats will take place on Warm Up Track (all other Events in Main Bowl)

DAY 3 - AFTERNOON SESSION ONLY (CHAMPIONSHIP DECIDER)

FINALS MEDAL, MVP & TROPHY PRESENTATIONS

Sunday 03 December 2023

DAY 3 AM	START	END
Main Bowl	12:00	18:30

Highlights of the Session

29 FINALS -	87 MEDALS TO BE AWARDED
200M, 400M HURDLES, 800M,	10 ABUJA MVPs TO RECEIVE PRIZES
LONG JUMP, 4X100M,	TOP 20 ATHLETES ANNOUNCED
4X400M & MIXED 4X400M	5 SCHOOL/TEAM TITLES DECIDED

Main Bowl

MEDALS	16:25	17:35
MVPs	17:35	17:45
TOP 20	17:45	18:00
TROPHIES	18:00	18:30

Notes, Rules & Guidelines for Day 3 Afternoon Session:

(1) For all Long Jump Finals, only the Top 8 qualified from the Prelims/Team MVP will compete, with each of them getting 3 attempts only (Any 'Team MVP' Athletes from Benin, Uyo, Ibadan in 800m or Field Events to advance directly to Finals as part of Top 12 & 8 respectively)

IMPORTANT: REGISTRATION FOR JUNIOR 4X100M, CADET & YOUTH 4X400M AND JUNIOR MIXED 4X400M FINALS WILL TAKE PLACE STRICTLY ON ARRIVAL IN THE MORNING (11AM-12PM)

CATEGORY GENDER EVENT ROUND LOCATION TIME END TIME Cadet Girls Long Jump Finals Main Bowl 12:00 12:45 13:30 Field Youth Girls Long Jump Finals Main Bowl 13:30 14:15 Field Youth Boys Long Jump Finals Main Bowl 13:30 14:15 Field Junior Girls Long Jump Finals Main Bowl 13:30 14:15 Field Junior Girls Long Jump Finals Main Bowl 15:00 15:45 Field Junior Girls Long Jump Finals Main Bowl 15:00 15:45 Field Junior Girls 400m Hurdles Finals Main Bowl 15:45 16:30 Field Junior Girls 400m Hurdles Finals Main Bowl 12:00 12:10 Track Junior Girls 200m Finals Main Bowl 12:15 12:20 Track Long Jump Finals Main Bowl 12:30 12:40 Track Long Jump Finals Main Bowl 12:40 12:50 Track Long Jump Finals Main Bowl 13:00 13:10 Track Long Jump Finals Main Bowl 13:00 Track Long Jump Finals Main Bowl 13:00 13:10 Track Long Junior Girls 200m Finals Main Bowl 13:00 13:00 Track Long Junior Girls 800m Finals Main Bowl 13:00 13:00 Track Long Junior Girls 800m Finals Main Bowl 13:00 13:00 Track Long Junior Girls 800m Finals Main Bowl 13:00 13:00 Track Long Junior Girls 800m Finals Main Bowl 14:00 14:10 Track Long Junior Girls 4x100m Finals Main Bowl 14:00 14:10 Track Long Junior Girls 4x100m Finals Main Bowl 14:00 14:00 Track Long Junior Girls 4x100m Finals Main Bowl 14:00 14:00 Track Long Junior Girls 4x400m Finals Main Bowl 15:00 15:00 Track Field Long Ju					THE MORNING (TIAM	START		
Cadet	CATEGORY	GENDER	EVENT	ROUND	LOCATION	TIME	END TIME	AREA
Youth Girls Long Jump Finals Main Bowl 13:30 14:15 Field Youth Boys Long Jump Finals Main Bowl 15:00 15:45 Field Junior Girls Long Jump Finals Main Bowl 15:45 16:30 Field Junior Boys Long Jump Finals Main Bowl 12:45 16:30 Field Junior Girls 400m Hurdles Finals Main Bowl 12:10 Track Junior Boys 400m Hurdles Finals Main Bowl 12:20 12:25 Track Cadet Girls 200m Finals Main Bowl 12:30 12:40 Track Youth Girls 200m Finals Main Bowl 12:50 13:00 Track Youth Boys 200m Finals Main Bowl 13:00 13:10 Track Youth Girls 800m Finals Main Bowl 13:30 13:30	Cadet		Long Jump	Finals	Main Bowl		_	Field
Youth	Cadet	Boys	Long Jump	Finals	Main Bowl	12:45	13:30	Field
Junior Girls Long Jump Finals Main Bowl 15:00 15:45 Field Junior Boys Long Jump Finals Main Bowl 15:45 16:30 Field Junior Girls 400m Hurdles Finals Main Bowl 12:00 12:10 Track Junior Boys 400m Hurdles Finals Main Bowl 12:30 12:40 Track Junior Boys 400m Hurdles Finals Main Bowl 12:30 12:40 Track Cadet Girls 200m Finals Main Bowl 12:30 12:40 Track Youth Girls 200m Finals Main Bowl 12:50 13:00 Track Youth Boys 200m Finals Main Bowl 13:00 13:10 Track Junior Girls 200m Finals Main Bowl 13:00 13:10 Track Junior Girls 200m Finals Main Bowl 13:00 13:10 Track Junior Boys 200m Finals Main Bowl 13:20 13:30 Track Junior Boys 200m Finals Main Bowl 13:20 13:30 Track Youth Girls 800m Finals Main Bowl 13:20 13:40 Track Junior Girls 800m Finals Main Bowl 13:30 13:40 Track Junior Girls 800m Finals Main Bowl 13:30 13:40 Track Junior Girls 4x100m Finals Main Bowl 13:50 14:00 Track Cadet Girls 4x100m Finals Main Bowl 14:10 14:10 Track Youth Boys 4x100m Finals Main Bowl 14:20 Track Youth Girls 4x100m Finals Main Bowl 14:20 Track Youth Girls 4x100m Finals Main Bowl 14:30 Track Youth Boys 4x100m Finals Main Bowl 14:30 Track Junior Girls 4x400m Finals Main Bowl 14:50 15:00 Track Junior Girls 4x400m Finals Main Bowl 15:10 15:25 Track Cadet Boys 4x400m Finals Main Bowl 15:50 15:40 Track Gadet Boys 4x400m Finals Main Bowl 15:50 15:40 Track Gadet Girls 6x400m Finals Main Bowl 15:50 15:40 Track Gadet Boys 4x400m Finals Main Bowl 15:50 15:40 Track Gadet Formal Girls Formal Finals Main Bowl 15:50 15:40 Track Field Finals Main Bowl 15:50 Track	Youth	Girls	Long Jump	Finals	Main Bowl	13:30	14:15	Field
Junior Boys Long Jump Finals Main Bowl 15:45 16:30 Field Junior Girls 400m Hurdles Finals Main Bowl 12:00 12:10 Track Junior Boys 400m Hurdles Finals Main Bowl 12:15 12:25 Track Cadet Girls 200m Finals Main Bowl 12:30 12:40 Track Cadet Boys 200m Finals Main Bowl 12:30 12:40 Track Cadet Boys 200m Finals Main Bowl 12:30 12:40 Track Cadet Boys 200m Finals Main Bowl 12:50 Track Youth Boys 200m Finals Main Bowl 13:00 13:10 Track Junior Girls 200m Finals Main Bowl 13:00 13:10 Track Junior Boys 200m Finals Main Bowl 13:20 13:30 Track Youth Girls 800m Finals Main Bowl 13:20 13:30 Track Youth Girls 800m Finals Main Bowl 13:30 13:40 Track Youth Boys 800m Finals Main Bowl 13:40 13:50 Track Junior Girls 800m Finals Main Bowl 13:40 13:50 Track Junior Boys 800m Finals Main Bowl 13:40 13:50 Track Junior Boys 800m Finals Main Bowl 13:40 14:50 Track Gadet Girls 4x100m Finals Main Bowl 14:00 14:10 Track Youth Girls 4x100m Finals Main Bowl 14:10 14:20 Track Youth Girls 4x100m Finals Main Bowl 14:30 14:40 Track Youth Girls 4x100m Finals Main Bowl 14:30 14:40 Track Youth Boys 4x100m Finals Main Bowl 14:50 Track Junior Girls 4x400m Finals Main Bowl 15:00 15:10 Track Gadet Boys 4x400m Finals Main Bowl 15:00 15:10 Track Gadet Boys 4x400m Finals Main Bowl 15:55 Track Youth Girls 4x400m Finals Main Bowl 15:55 Track Track & Field Track Track & Field Second Finals Main Bowl 15:55 Track & Field Field Track & Field Track & Field Track & Field Second Finals Main Bowl 17:45 Track & Field Field Track & Field Track & Field Track & Field Track & Field Track	Youth	Boys	Long Jump		Main Bowl			Field
Junior Girls 400m Hurdles Finals Main Bowl 12:00 12:10 Track Junior Boys 400m Hurdles Finals Main Bowl 12:15 12:25 Track Cadet Girls 200m Finals Main Bowl 12:30 12:40 Track Cadet Boys 200m Finals Main Bowl 12:40 12:50 Track Youth Girls 200m Finals Main Bowl 12:50 13:00 Track Youth Boys 200m Finals Main Bowl 12:50 13:00 Track Junior Girls 200m Finals Main Bowl 13:00 13:10 Track Junior Girls 200m Finals Main Bowl 13:10 13:20 Track Junior Boys 200m Finals Main Bowl 13:10 13:20 Track Junior Boys 200m Finals Main Bowl 13:30 13:40 Track Youth Girls 800m Finals Main Bowl 13:30 13:40 Track Junior Girls 800m Finals Main Bowl 13:40 13:50 Track Junior Boys 800m Finals Main Bowl 13:50 14:00 Track Junior Boys 800m Finals Main Bowl 13:50 14:00 Track Gadet Girls 4x100m Finals Main Bowl 14:10 14:20 Track Youth Girls 4x100m Finals Main Bowl 14:10 14:20 Track Youth Boys 4x100m Finals Main Bowl 14:10 14:20 Track Junior Girls 4x100m Finals Main Bowl 14:30 Track Junior Girls 4x100m Finals Main Bowl 14:30 Track Junior Girls 4x100m Finals Main Bowl 14:50 Track Junior Girls 4x400m Finals Main Bowl 14:50 Track Junior Girls 4x400m Finals Main Bowl 15:00 Track Track Track Track Track Youth Girls 4x400m Finals Main Bowl 15:00 Track Track Track Track Track Track Youth Girls 4x400m Finals Main Bowl 15:00 Track Track Track Track Track Track Track Youth Girls 4x400m Finals Main Bowl 15:00 Track Track Track Track Track Track Track Track Track Track Track Track Track Track Track Track Track Track Track Track Track Track Track Track Trac	Junior	Girls	Long Jump	Finals	Main Bowl	15:00	15:45	Field
Junior Boys 400m Hurdles Finals Main Bowl 12:15 12:25 Track Cadet Girls 200m Finals Main Bowl 12:30 12:40 Track Track Youth Girls 200m Finals Main Bowl 12:30 12:40 Track Track Youth Girls 200m Finals Main Bowl 12:50 13:00 Track Youth Boys 200m Finals Main Bowl 13:00 13:10 Track Junior Girls 200m Finals Main Bowl 13:00 13:10 Track Junior Boys 200m Finals Main Bowl 13:00 13:10 Track Junior Boys 200m Finals Main Bowl 13:20 13:30 Track Junior Girls 800m Finals Main Bowl 13:20 13:30 Track Junior Girls 800m Finals Main Bowl 13:30 13:40 Track Junior Girls 800m Finals Main Bowl 13:50 14:00 Track Junior Girls 800m Finals Main Bowl 13:50 14:00 Track Junior Boys 800m Finals Main Bowl 14:00 14:10 Track Junior Girls 4x100m Finals Main Bowl 14:00 14:10 Track Junior Girls 4x100m Finals Main Bowl 14:20 14:30 Track Junior Girls 4x100m Finals Main Bowl 14:50 15:00 Track Junior Girls 4x100m Finals Main Bowl 14:50 15:00 Track Junior Girls 4x400m Finals Main Bowl 15:00 Track Track Junior Girls 50x 4x400m Finals Main Bowl 15:25 Track Track Junior Girls 6xys 4x400m Finals Main Bowl 15:25 Track Field Trac	Junior	Boys	Long Jump	Finals	Main Bowl	15:45	16:30	Field
Cadet Girls 200m Finals Main Bowl 12:30 12:40 Track Cadet Boys 200m Finals Main Bowl 12:40 12:50 Track Track Youth Girls 200m Finals Main Bowl 12:50 13:00 Track Track Youth Boys 200m Finals Main Bowl 13:00 13:10 Track Junior Girls 200m Finals Main Bowl 13:00 13:10 Track Junior Boys 200m Finals Main Bowl 13:20 13:30 Track Junior Girls 800m Finals Main Bowl 13:30 13:40 Track Youth Boys 800m Finals Main Bowl 13:30 13:40 Track Youth Boys 800m Finals Main Bowl 13:40 13:50 Track Junior Girls 800m Finals Main Bowl 13:40 13:50 Track Junior Girls 800m Finals Main Bowl 13:40 13:50 Track Junior Girls 4x100m Finals Main Bowl 14:00 14:10 Track Track Cadet Girls 4x100m Finals Main Bowl 14:00 14:10 Track Track Youth Girls 4x100m Finals Main Bowl 14:20 Track Youth Boys 4x100m Finals Main Bowl 14:20 Track Youth Boys 4x100m Finals Main Bowl 14:30 14:40 Track Youth Boys 4x100m Finals Main Bowl 14:30 14:40 Track Youth Boys 4x100m Finals Main Bowl 14:50 Track Junior Girls 4x100m Finals Main Bowl 14:50 Track Track Youth Boys 4x400m Finals Main Bowl 15:10 15:00 Track Track Youth Girls 4x400m Finals Main Bowl 15:00 15:10 Track Track Youth Girls 4x400m Finals Main Bowl 15:00 15:10 Track Track Youth Girls 4x400m Finals Main Bowl 15:55 Track Track Youth Girls 4x400m Finals Main Bowl 15:55 Track	Junior	Girls	400m Hurdles	Finals	Main Bowl	12:00	12:10	Track
Cadet Boys 200m Finals Main Bowl 12:40 12:50 Track Youth Girls 200m Finals Main Bowl 12:50 13:00 Track Junior Girls 200m Finals Main Bowl 13:00 13:10 Track Junior Girls 200m Finals Main Bowl 13:10 13:20 Track Junior Boys 200m Finals Main Bowl 13:10 13:20 Track Junior Boys 200m Finals Main Bowl 13:20 13:30 Track Youth Girls 800m Finals Main Bowl 13:30 13:40 Track Youth Boys 800m Finals Main Bowl 13:40 13:50 Track Junior Girls 800m Finals Main Bowl 13:50 14:00 Track Junior Boys 800m Finals Main Bowl 13:50 14:00 Track Junior Boys 800m Finals Main Bowl 14:00 14:10 Track Junior Girls 4x100m Finals Main Bowl 14:00 14:10 Track Junior Girls 4x100m Finals Main Bowl 14:20 14:30 Track Youth Girls 4x100m Finals Main Bowl 14:30 14:40 Track Youth Boys 4x100m Finals Main Bowl 14:30 14:40 Track Junior Girls 4x100m Finals Main Bowl 14:30 14:50 Track Junior Girls 4x400m Finals Main Bowl 15:00 Track Junior Boys 4x400m Finals Main Bowl 15:00 Track Junior Boys 4x400m Finals Main Bowl 15:00 Track Youth Girls 4x400m Finals Main Bowl 15:00 Track Track Youth Girls 4x400m Finals Main Bowl 15:00 Track Youth Girls 4x400m Finals Main Bowl 15:00 Track Youth Girls 4x400m Finals Main Bowl 15:55 Track Youth Girls Boys 4x400m Finals Main Bowl 15:55 Track Track Youth Girls Boys 4x400m Finals Main Bowl 15:55 Track Field Field Track Field Track Field Fi	Junior	Boys	400m Hurdles	Finals	Main Bowl	12:15	12:25	Track
Youth Girls 200m Finals Main Bowl 12:50 13:00 Track Youth Boys 200m Finals Main Bowl 13:10 13:20 Track Junior Girls 200m Finals Main Bowl 13:10 13:20 Track Junior Boys 200m Finals Main Bowl 13:20 17:ack Youth Girls 800m Finals Main Bowl 13:30 17:ack Youth Boys 800m Finals Main Bowl 13:40 13:50 Track Junior Girls 800m Finals Main Bowl 13:50 14:00 Track Cadet Girls 4x100m Finals Main Bowl 14:00 14:10 Track Youth Girls 4x100m Finals Main Bowl 14:20 14:30 Track Youth Boys 4x100m Finals Main Bowl 14:40 17:30 Track	Cadet	Girls	200m	Finals	Main Bowl	12:30	12:40	Track
Youth	Cadet	Boys	200m	Finals	Main Bowl	12:40	12:50	Track
Junior Girls 200m Finals Main Bowl 13:10 13:20 Track	Youth	Girls	200m	Finals	Main Bowl	12:50	13:00	Track
Junior Boys 200m Finals Main Bowl 13:20 13:30 Track Youth Girls 800m Finals Main Bowl 13:30 13:40 Track Youth Boys 800m Finals Main Bowl 13:30 13:40 Track Junior Girls 800m Finals Main Bowl 13:50 Track Junior Boys 800m Finals Main Bowl 13:50 14:00 Track Junior Boys 800m Finals Main Bowl 14:00 14:10 Track Track Cadet Girls 4x100m Finals Main Bowl 14:10 14:20 Track Track Youth Girls 4x100m Finals Main Bowl 14:20 14:30 Track Youth Boys 4x100m Finals Main Bowl 14:30 14:40 Track Youth Boys 4x100m Finals Main Bowl 14:30 14:40 Track Junior Girls 4x100m Finals Main Bowl 14:50 Track Junior Boys 4x100m Finals Main Bowl 14:50 15:00 Track Track Track Cadet Girls 4x400m Finals Main Bowl 15:00 Track Track Track Youth Girls 4x400m Finals Main Bowl 15:10 Track Youth Girls 4x400m Finals Main Bowl 15:25 Track Youth Boys 4x400m Finals Main Bowl 15:25 Track Youth Boys 4x400m Finals Main Bowl 15:40 15:55 Track Youth Boys 4x400m Finals Main Bowl 15:40 15:55 Track Junior Mixed 4x400m Finals Main Bowl 15:55 Track Track Main Bowl 15:40 15:55 Track	Youth	Boys	200m	Finals	Main Bowl	13:00	13:10	Track
Youth Girls 800m Finals Main Bowl 13:30 13:40 Track Youth Boys 800m Finals Main Bowl 13:40 13:50 Track Junior Girls 800m Finals Main Bowl 14:00 Track Junior Boys 800m Finals Main Bowl 14:00 14:10 Track Cadet Girls 4x100m Finals Main Bowl 14:10 14:20 Track Youth Girls 4x100m Finals Main Bowl 14:30 Track Youth Boys 4x100m Finals Main Bowl 14:30 17:ack Youth Boys 4x100m Finals Main Bowl 14:50 Track Junior Girls 4x100m Finals Main Bowl 15:00 Track Cadet Girls 4x400m Finals Main Bowl 15:10 Track Youth Girls 4x400m Finals <td>Junior</td> <td>Girls</td> <td>200m</td> <td>Finals</td> <td>Main Bowl</td> <td>13:10</td> <td>13:20</td> <td>Track</td>	Junior	Girls	200m	Finals	Main Bowl	13:10	13:20	Track
Youth	Junior	Boys	200m	Finals	Main Bowl	13:20	13:30	Track
Junior Girls 800m Finals Main Bowl 13:50 14:00 Track	Youth	Girls	800m	Finals	Main Bowl	13:30	13:40	Track
Junior	Youth	Boys	800m	Finals	Main Bowl	13:40	13:50	Track
Cadet	Junior	Girls	800m	Finals	Main Bowl	13:50	14:00	Track
Cadet Boys	Junior	Boys	800m	Finals	Main Bowl	14:00	14:10	Track
Youth Girls 4x100m Finals Main Bowl 14:30 14:40 Track Youth Boys 4x100m Finals Main Bowl 14:40 14:50 Track Junior Girls 4x100m Finals Main Bowl 14:50 15:00 Track Junior Boys 4x100m Finals Main Bowl 15:00 15:10 Track Cadet Girls 4x400m Finals Main Bowl 15:10 15:25 Track Cadet Boys 4x400m Finals Main Bowl 15:25 15:40 Track Youth Girls 4x400m Finals Main Bowl 15:40 15:55 Track Youth Boys 4x400m Finals Main Bowl 15:40 15:55 Track Junior Mixed 4x400m Finals Main Bowl 15:10 Track Cadet, Youth, Junior Girls, Boys 4x400m Main Bowl 16:25 17:35 Track & Field	Cadet	Girls	4x100m	Finals	Main Bowl	14:10	14:20	Track
Youth Boys 4x100m Finals Main Bowl 14:40 14:50 Track Junior Girls 4x100m Finals Main Bowl 14:50 15:00 Track Junior Boys 4x400m Finals Main Bowl 15:00 15:10 Track Cadet Girls 4x400m Finals Main Bowl 15:10 15:25 Track Youth Girls 4x400m Finals Main Bowl 15:25 15:40 Track Youth Boys 4x400m Finals Main Bowl 15:40 15:55 Track Youth Boys 4x400m Finals Main Bowl 15:55 16:10 Track Junior Mixed 4x400m Finals Main Bowl 16:10 16:25 Track Cadet, Youth, Junior Girls, Boys 200m, Long Jump, 4x100m Main Bowl 16:25 17:35 Track & Field Cadet, Youth & Junior Girls, Boys 4x400m Abuja Top 10 Main Bowl 17:35 17:45 <td>Cadet</td> <td>Boys</td> <td>4x100m</td> <td>Finals</td> <td>Main Bowl</td> <td>14:20</td> <td>14:30</td> <td>Track</td>	Cadet	Boys	4x100m	Finals	Main Bowl	14:20	14:30	Track
Junior Girls	Youth	Girls	4x100m	Finals	Main Bowl	14:30	14:40	Track
Junior	Youth	Boys	4x100m	Finals	Main Bowl	14:40	14:50	Track
Cadet Girls 4x400m Finals Main Bowl 15:10 15:25 Track Cadet Boys 4x400m Finals Main Bowl 15:25 15:40 Track Youth Girls 4x400m Finals Main Bowl 15:40 15:55 Track Youth Boys 4x400m Finals Main Bowl 15:55 16:10 Track Junior Mixed 4x400m Finals Main Bowl 16:10 16:25 Track MEDAL PRESENTATIONS - 87 MEDALS: Cadet, Youth, Junior Girls , Boys 200m, Long Jump, 4x100m Main Bowl 16:25 17:35 Track & Field Cadet, Youth Girls , Boys 400mH; Junior Mixed 4x400m Main Bowl 16:25 17:35 Track & Field Cadet, Youth & Junior Girls & Boys Abuja Top 10 (excl. previous Top 10 MVPs) Awards Main Bowl 17:35 17:45 Track & Field Cadet, Youth & Juniors Girls & Boys TOP 20 Academy ATHLETES Main Bowl 17:45 18:00 Track & Field	Junior	Girls	4x100m	Finals	Main Bowl	14:50	15:00	Track
Cadet Boys 4x400m Finals Main Bowl 15:25 15:40 Track Youth Girls 4x400m Finals Main Bowl 15:40 15:55 Track Youth Boys 4x400m Finals Main Bowl 15:55 16:10 Track Junior Mixed 4x400m Finals Main Bowl 15:55 16:10 Track MEDAL PRESENTATIONS - 87 MEDALS: Cadet, Youth, Junior Girls , Boys 200m, Long Jump, 4x100m Cadet, Youth Girls , Boys 4x400m Junior Girls , Boys 800m Junior Girls , Boys 400mH; Junior Mixed 4x400m Cadet, Youth & Junior Girls , Boys 400mH; Junior Mixed 4x400m Cadet, Youth & Junior Girls & Boys Awards Top 10 (excl. previous Top 10 MIVPs) Cadet, Youth & Juniors Girls & Boys ATHLETES Shortlist SCHOOL/TEAM TITLES & TROPHY PRESENTATIONS Cadet, Youth Girls, Boys School Champions Main Bowl 18:00 Track & Field	Junior	Boys	4x100m	Finals	Main Bowl	15:00	15:10	Track
YouthGirls4x400mFinalsMain Bowl15:4015:55TrackYouthBoys4x400mFinalsMain Bowl15:5516:10TrackJuniorMixed4x400mFinalsMain Bowl16:1016:25TrackMEDAL PRESENTATIONS - 87 MEDALS: Cadet, Youth, Junior Girls , Boys 200m, Long Jump, 4x100m Youth, Junior Girls , Boys 4x400m Youth, Junior Girls , Boys 800m Junior Girls , Boys 400mH; Junior Mixed 4x400mMain Bowl16:2517:35Track & FieldCadet, Youth & JuniorsGirls & BoysAbuja Top 10 (excl. previous Top 10 MIVPs)Awards Top 10 MIVPs)Main Bowl17:3517:45Track & Field5 SCHOOL/TEAM TITLES & TROPHY PRESENTATIONS Cadet, Youth Girls, Boys School ChampionsMain Bowl18:0018:30Track & Field	Cadet	Girls	4x400m	Finals	Main Bowl	15:10	15:25	Track
YouthBoys4x400mFinalsMain Bowl15:5516:10TrackJuniorMixed4x400mFinalsMain Bowl16:1016:25TrackMEDAL PRESENTATIONS - 87 MEDALS: Cadet, Youth, Junior Girls , Boys 200m, Long Jump, 4x100m Youth, Junior Girls , Boys 4x400m Youth, Junior Girls , Boys 800m Junior Girls , Boys 400mH; Junior Mixed 4x400mMain Bowl16:2517:35Track & FieldCadet, Youth & JuniorsGirls & BoysAbuja Top 10 (excl. previous Top 10 MIVPs)AwardsMain Bowl17:3517:45Track & FieldCadet, Youth & JuniorsGirls & BoysTOP 20 ATHLETESAcademy ShortlistMain Bowl17:4518:00Track & Field5 SCHOOL/TEAM TITLES & TROPHY PRESENTATIONS Cadet, Youth Girls, Boys School ChampionsMain Bowl18:0018:30Track & Field	Cadet	Boys	4x400m	Finals	Main Bowl	15:25	15:40	Track
Junior Mixed 4x400m Finals Main Bowl 16:10 16:25 Track MEDAL PRESENTATIONS - 87 MEDALS: Cadet, Youth, Junior Girls , Boys 200m, Long Jump, 4x100m	Youth	Girls	4x400m	Finals	Main Bowl	15:40	15:55	Track
MEDAL PRESENTATIONS - 87 MEDALS: Cadet, Youth, Junior Girls , Boys 200m, Long Jump, 4x100m	Youth	Boys	4x400m	Finals	Main Bowl	15:55	16:10	Track
Cadet, Youth, Junior Girls , Boys 200m, Long Jump, 4x100m Cadet, Youth Girls , Boys 4x400m Youth, Junior Girls , Boys 800m Junior Girls , Boys 400mH; Junior Mixed 4x400m Cadet, Youth & Juniors Girls & Boys Girls & Boys Top 10 MVPs) Cadet, Youth & Juniors Girls & Boys Top 20 Academy ATHLETES School/TEAM TITLES & TROPHY PRESENTATIONS Cadet, Youth Girls, Boys School Champions Main Bowl 16:25 17:35 Track & Field Track & Field Track & Field Track & Field	Junior	Mixed	4x400m	Finals	Main Bowl	16:10	16:25	Track
Cadet, Youth, Junior Girls , Boys 200m, Long Jump, 4x100m Cadet, Youth Girls , Boys 4x400m Youth, Junior Girls , Boys 800m Junior Girls , Boys 400mH; Junior Mixed 4x400m Cadet, Youth & Juniors Girls & Boys Juniors Girls & Boys Top 10 MVPs) Cadet, Youth & Juniors Girls & Boys Top 20 Academy ATHLETES School/TEAM TITLES & TROPHY PRESENTATIONS Cadet, Youth Girls, Boys School Champions Main Bowl 16:25 17:35 Track & Field	MEDAL PRESENTATIONS - 87 MEDALS:			LS:				
Youth, Junior Girls , Boys 800m Junior Girls, Boys 400mH; Junior Mixed 4x400m Cadet, Youth & Juniors Girls & Boys Girls & Boys Top 10 MVPs) Cadet, Youth & Girls & Boys Top 20 Academy Shortlist SCHOOL/TEAM TITLES & TROPHY PRESENTATIONS Cadet, Youth Girls, Boys School Champions Main Bowl 17:35 17:45 Track & Field Track & Field	Cadet, Youth, Ju	ınior Girls , Boy	s 200m, Long Ju					Track &
Youth, Junior Girls , Boys 800m Junior Girls, Boys 400mH; Junior Mixed 4x400m Cadet, Youth & Juniors Girls & Boys Abuja Top 10 (excl. previous Top 10 MVPs) Cadet, Youth & Juniors Girls & Boys TOP 20 Academy Shortlist Academy Shortlist Track & Field SCHOOL/TEAM TITLES & TROPHY PRESENTATIONS Cadet, Youth Girls, Boys School Champions Main Bowl 18:30 Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Field Track & Fiel			The state of the s		Main Bowl	16:25	17:35	
Cadet, Youth & Juniors Girls & Boys Girls & Boys Top 10 (excl. previous Top 10 MVPs) Cadet, Youth & Girls & Boys Juniors TOP 20 Academy Shortlist SCHOOL/TEAM TITLES & TROPHY PRESENTATIONS Cadet, Youth Girls, Boys School Champions Main Bowl 17:35 17:45 Track & Field Track & Field	Yo	outh, Junior Gir	ls , Boys 800m					
Cadet, Youth & Juniors Girls & Boys (excl. previous Top 10 MVPs) Cadet, Youth & Juniors Girls & Boys (excl. previous Top 10 MVPs) Top 10 MVPs) Academy Shortlist SCHOOL/TEAM TITLES & TROPHY PRESENTATIONS Cadet, Youth Girls, Boys School Champions Main Bowl 17:35 17:45 Field Track & Field	Junior G	Junior Girls, Boys 400mH; Junior Mixed 4x400m						
Juniors Girls & Boys (excl. previous Top 10 MVPs) Awards Main Bowl 17:35 17:45 Field Cadet, Youth & Juniors Girls & Boys TOP 20 Academy Shortlist Main Bowl 17:45 18:00 Track & Field 5 SCHOOL/TEAM TITLES & TROPHY PRESENTATIONS Cadet, Youth Girls, Boys School Champions Main Bowl 18:00 18:30 Field	Cadat Vauth 9		Abuja Top 10					Track P
Cadet, Youth & Juniors Girls & Boys TOP 20 Academy Shortlist Main Bowl 17:45 18:00 Track & Field SCHOOL/TEAM TITLES & TROPHY PRESENTATIONS Cadet, Youth Girls, Boys School Champions Main Bowl 18:00 18:30 Field		Girls & Boys	(excl. previous	Awards	Main Bowl	17:35	17:45	
Cadet, Youth & Girls & Boys ATHLETES Shortlist Main Bowl 17:45 18:00 Track & Field 5 SCHOOL/TEAM TITLES & TROPHY PRESENTATIONS Cadet, Youth Girls, Boys School Champions Main Bowl 18:00 18:30 Field	Juniors		Top 10 MVPs)					rieia
Juniors Girls & Boys ATHLETES Shortlist Main Bowl 17:45 18:00 Field 5 SCHOOL/TEAM TITLES & TROPHY PRESENTATIONS Cadet, Youth Girls, Boys School Champions Main Bowl 18:00 18:30 Field	Cadet, Youth &		TOP 20	Academy				Track &
5 SCHOOL/TEAM TITLES & TROPHY PRESENTATIONS Cadet, Youth Girls, Boys School Champions Main Bowl 18:00 18:30 Field		Girls & Boys		-	Main Bowl	17:45	18:00	
Cadet, Youth Girls, Boys School Champions Main Bowl 18:00 18:30 Field	_							Ticiu
Cadet, Youth Girls, Boys School Champions Main Bowl 18:00 18:30 Field							Track &	
Junior Team Champions (Girls + Boys)				Main Bowl	18:00	18:30		
	Jur	nior Team Champ	ions (Girls + Boys)					

END OF CHAMPIONSHIP - 6.30PM













