



SCHEDULE OF EVENTS FOR ND WESTERN/MoC ATHLETICS TRIALS ON FRIDAY 4TH MARCH 2022 AT UNIBEN SPORTS COMPLEX

***NOTE: ~100 ADDITIONAL ATHLETES FROM EDO & DELTA STATE SECONDARY SCHOOLS TO BE ADDED TO ENTRY LISTS WHICH MAY EXTEND THE TIME NEEDED FOR YOUTH CATEGORY GIRLS & BOYS 100M, 200M & 400M HEATS (HIGHLIGHTED IN RED)**

FINAL BIB COLLECTION: 8AM - 9AM

MORNING SESSION (9AM - 1PM) 9:00 13:00

Event	Stage	Start Time	End Time
<i>Youth Girls 100m</i>	<i>Heats</i>	<i>9:00</i>	<i>9:10</i>
<i>Junior Girls 100m</i>	<i>Heats</i>	<i>9:10</i>	<i>9:25</i>
<i>Senior Girls 100m</i>	<i>Heats</i>	<i>9:25</i>	<i>9:30</i>
<i>Youth Boys 100m</i>	<i>Heats</i>	<i>9:30</i>	<i>9:45</i>
<i>Junior Boys 100m</i>	<i>Heats</i>	<i>9:45</i>	<i>10:25</i>
<i>Senior Boys 100m</i>	<i>Heats</i>	<i>10:25</i>	<i>10:45</i>
Youth Girls 100m	Finals	10:45	10:50
Junior Girls 100m	Finals	10:50	10:55
Senior Girls 100m	Finals	10:55	11:00
Youth Boys 100m	Finals	11:00	11:05
Junior Boys 100m	Finals	11:05	11:15
Senior Boys 100m	Finals	11:15	11:20
Youth Girls 100m	Medal Ceremony	11:20	11:25
Junior Girls 100m	Medal Ceremony	11:25	11:30
Senior Girls 100m	Medal Ceremony	11:30	11:35
Youth Boys 100m	Medal Ceremony	11:35	11:40
<i>Youth Girls 400m</i>	<i>Heats (Finals)</i>	<i>11:40</i>	<i>11:45</i>
<i>Junior Girls 400m</i>	<i>Heats (Finals)</i>	<i>11:45</i>	<i>11:50</i>
<i>Senior Girls 400m</i>	<i>Heats (Finals)</i>	<i>11:50</i>	<i>11:55</i>
<i>Youth Boys 400m</i>	<i>Heats (Finals)</i>	<i>11:55</i>	<i>12:05</i>
<i>Junior Boys 400m</i>	<i>Heats (Finals)</i>	<i>12:05</i>	<i>12:30</i>
<i>Senior Boys 400m</i>	<i>Heats (Finals)</i>	<i>12:30</i>	<i>12:40</i>
Youth Girls 400m	Medal Ceremony	12:40	12:45
Junior Girls 400m	Medal Ceremony	12:45	12:50
Youth Boys 400m	Medal Ceremony	12:50	12:55
Junior Boys 400m	Medal Ceremony	12:55	13:00

LUNCH BREAK: 1PM - 2PM

AFTERNOON SESSION (2PM - 6PM) 14:00 17:15

Event	Stage	Start Time	End Time
<i>Youth Girls 200m</i>	<i>Heats</i>	<i>14:00</i>	<i>14:10</i>
<i>Junior Girls 200m</i>	<i>Heats</i>	<i>14:10</i>	<i>14:20</i>
<i>Senior Girls 200m</i>	<i>Heats</i>	<i>14:20</i>	<i>14:25</i>
<i>Youth Boys 200m</i>	<i>Heats</i>	<i>14:25</i>	<i>14:45</i>
<i>Junior Boys 200m</i>	<i>Heats</i>	<i>14:45</i>	<i>15:30</i>
<i>Senior Boys 200m</i>	<i>Heats</i>	<i>15:30</i>	<i>15:50</i>
Youth Girls 200m	Finals	15:50	15:55
Junior Girls 200m	Finals	15:55	16:00
Senior Girls 200m	Finals	16:00	16:05
Youth Boys 200m	Finals	16:05	16:10
Junior Boys 200m	Finals	16:10	16:15
Senior Boys 200m	Finals	16:15	16:20
Youth Girls 200m	Medal Ceremony	16:20	16:25
Junior Girls 200m	Medal Ceremony	16:25	16:30
Youth Boys 200m	Medal Ceremony	16:30	16:35
Junior Boys 200m	Medal Ceremony	16:35	16:40
Youth & Junior Girls & Boys	Most Valuable Athlete Awards (Golden Tickets)	16:40	16:55
Youth & Junior Girls & Boys	Most Promising Athlete Awards (Silver Tickets)	16:55	17:10
<i>Closing Remarks from Title Sponsor, ND Western</i>		<i>17:10</i>	<i>17:15</i>