



EVENT SCHEDULE FOR AFN/MoC INVITATIONAL ON 22ND MAY 2021
AT YABATECH SPORTS COMPLEX, LAGOS, NIGERIA

MORNING SESSION (9AM - 12 NOON)

EVENT TYPE	EVENTS SCHEDULE		STAGE	STANDARD FOR INVITATION	Start Time	Duration	End Time
TRACK	Women's	400m Hurdles	A & B FINALS	62.50s	9:00	0:20	9:20
FIELD	Women's	Long Jump	FINAL	5.50m	9:00	1:10	10:10
TRACK	Men's	400m Hurdles	A & B FINALS	54.30s	9:20	0:20	9:40
TRACK	Women's	400m	~4 HEATS	59.00s	9:40	0:30	10:10
TRACK	Men's	400m	~9 HEATS	50.00s	10:10	1:20	11:30
FIELD	Men's	Triple Jump	PRELIMS & FINAL	13.50m	10:10	1:50	12:00

AFTERNOON SESSION (1PM - 6PM)

EVENT TYPE	EVENTS SCHEDULE		STAGE	STANDARD FOR INVITATION	Start Time	Duration	End Time
TRACK	Women's	100m Hurdles	FINAL	15.00s	13:00	0:15	13:15
FIELD	Women's	Shot Put	FINAL	Top 12 Entries by PBs	13:00	1:00	14:00
TRACK	Men's	110m Hurdles	FINAL	14.80s	13:15	0:15	13:30
TRACK	Women's	100m	~7 HEATS	12.30s	13:30	0:40	14:10
FIELD	Men's	High Jump	FINAL	Top 12 Entries by PBs	14:00	1:20	15:20
TRACK	Men's	100m	~10 HEATS	10.90s	14:10	1:00	15:10
TRACK	Women's	800m	FINAL	Top 12 Entries by PBs	15:10	0:10	15:20
TRACK	Men's	800m	FINAL	Top 12 Entries by PBs	15:20	0:10	15:30
TRACK	Women's	100m	A & B FINALS	Top 8 times from Heats to Final A, Next 8 to Final B	15:30	0:20	15:50
TRACK	Men's	100m	A & B FINALS	Top 8 times from Heats to Final A, Next 8 to Final B	15:50	0:20	16:10
TRACK	Women's	200m	~6 HEATS	25.50s	16:10	0:40	16:50
TRACK	Men's	200m	~10 HEATS	22.00s	16:50	1:10	18:00