

Time Table

Day 1 Morning

Category of Events

8.00am	10,000m	Women	Final					10,000m
8.05am	Discus	Women	Final		Inter.		7,b	Discus
8.05am	100mh	Heptathlon	Final					
8.30am	100m	Decathlon	Final					
9.00am	100m	Women	Heats					
9.00am	Pole Vault	Men	Final					Pole vault
9.30am	High Jump	Heptathlon	Final					
9.30am	Long Jump	Decathlon	Final					
9.50am	100m	Men	Heats					
10.50am	400m Hurdles	Women	Heats					
10.50am	Javelin	Men	Final		GL		7	Javelin
10.50am	Shot Put	Decathlon	Final					
11.10am	400m Hurdles	Men	Heats					
11.10am	1,500m	Women	Final					1500m
11.20am	1,500m	Men	Final					1500m
11.40am	100mh	Women	Heats					
12.00pm	110mh	Men	Heats					

Afternoon

3.00pm	Shot Put	Heptathlon	Final					
3.25pm	High Jump	Decathlon	Final					
3.30pm	Shot Put	Women	Final		Inter.		7,a	shot
3.40pm	100m	Women	SemiF		I			
3.50pm	100m	Men	SemiF		I			
4.00pm	400m	Women	Heats					
4.05pm	Long Jump	Women	Final					Long jump
4.30pm	High Jump	Men	Final					
4.30pm	400m	Men	Heats					
4.50pm	100m	Women	Final		Inter		1,a	100m
5.00pm	100m	Men	Final		Inter.		1,a	100m
5.10pm	200m	Heptathlon	Final					
5.20pm	400m	Decathlon	Final					
5.30pm	800m	Women	Heats					
5.40pm	800m	Men	Heats					

Day 2 Morning

6.25am	20km Race Walk	Women	Final		GL		6	20,000m RW
6.30am	20km Race Walk	Men	Final		GL		5	20,000m RW
8.05am	110m Hurdles	Decathlon	Final					
8.05am	Long Jump	Heptathlon	Final					
8.30pm	5,000m	Women	Final		GL		3	5000m
9.00am	5,000m	Men	Final					5000m
9.00am	Triple Jump	Women	Final				9	Triple jump
9.05am	Discus	Men	Final		Opt.			Discus
9.10am	Pole Vault	Women	Final					Pole vault
9.20am	400m Hurdles	Women	Final		GL		5	400mh
9.30am	Discus	Decathlon	Final					
9.40am	400m Hurdles	Men	Final					400mh
9.45am	Javelin	Heptathlon	Final					
10.00am	200m	Women	Heats					
10.30am	200m	Men	Heats					
10.50am	800m	Women	Final					800m
11.00am	800m	Men	Final		Opt.		3,a	800m
11.00am	Triple Jump	Men	Final		GL		9	Triple jump
11.05am	Hammer	Women	Final		Opt.			Hammer
12.00am	Hammer	Men	Final					Hammer

Afternoon

2.30pm	Pole Vault	Decathlon	Final					
3.00pm	Shot Put	Men	Final		GL		6	Shot Put
3.05pm	High Jump	Women	Final		GL		10	High jump
3.05pm	100m Hurdles	Women	Final		GL		4	100mh
3.20pm	110m Hurdles	Men	Final		GL		4	110mh
3.30am	400m	Women	Final		GL		2	400m
3.40pm	400m	Men	Final		GL		2	400m
3.45pm	Javelin	Women	Final		GL		8	Javelin
3.45pm	Long Jump	Men	Final		GL		8	Long jump
3.50pm	3,000m Steeple Chase	Women	Final					3000m SC
4.30pm	10,000m	Men	Final		Opt.		3,b	10,000m
4.30pm	Javelin	Decathlon	Final					
5.10pm	3,000m Steeple Chase	Men	Final					3000m SC
5.20pm	200m	Women	FinalB					
5.25pm	200m	Women	FinalA		Inter.		1,a	200m
5.30pm	200m	Men	FinalB					
5.35pm	200m	Men	FinalA		Inter.		1,b	200m
5.40pm	800m	Heptathlon	Final		Opt.		11,a	Hep
5.45pm	1, 500m	Decathlon	Final		Opt.		11,b	Deca
5.55pm	4x 100m	Women	Final		BN		Bonu	4x100m
6.00pm	4x100m	Men	Final		BN		Bonu	4x100m
6.05pm	4x400m	Women	Final		BN		Bonu	4x400m
6.10pm	4x400m	Men	Final		BN		Bonu	4x400m